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Ottawa scores 14th spot in rank of world's cities

INDEX Ottawa is among four Canadian cities ranking in the top 25 in the world in terms of quality of living, according to a global survey published yesterday.

The nation's capital ranks No. 14, while Vancouver is the top Canadian city among 221 ranked this year, sharing the No. 4 spot with Auckland, New Zealand.

The Austrian city of Vienna won the overall top spot.

The other Canadian cities in the top 25 are Toronto at 16 and Montreal at 21. Calgary was ranked No. 28 on the overall quality of living ranking, but got the top spot on a new ecology ranking.

No American city made the top 25 on the Mercer list. Honolulu had the top ranking in the United States at No. 31.

THE CANADIAN PRESS

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Museum

Saddle up!

TRACEY TONG/METRO OTTAWA

Professional rodeo rider Eric Maisonneuve of Val-des-Monts demonstrates his calf roping at the Canadian Museum of Civilization yesterday for the preview of The Horse. The exhibit, which opens tomorrow, celebrates the relationship between the horse and the human. Story, page 4.

Holden on for input

City, residents to meet over park

City council has directed staff to consult with the public about the possible effects of the Lansdowne Park redevelopment on nearby Sylvia Holden Park.

Many Glebe residents were upset to learn that potential changes to their park were included in the Front Lawn Design Competition for Lansdowne's green space and when city staff later declined a public meeting to discuss their concerns.

Of the five finalists, only two propose no major changes to the public park, which boasts a wading pool, baseball diamonds and a dog park.

City council voted unanimously in favour of a motion by Capital Coun. Clive Doucet that staff will meet with residents at least a week before the special council meeting about Lansdowne on June 24.

Doucet said it was important for park users to have their concerns heard separately, instead of trying to defend their park amid other issues at the wide-ranging June 24 session.

"They'll have a chance to say to the senior people, 'This is why this park is important, it's 20 per cent of our green space, it's the busiest park in the city, you can't take it away from us without a really good reason and right now we don't see one,'" Doucet said.

Caroline Vanneste, president of the Glebe Community Association, called the vote a victory. "You can get a group of people together to fight the good fight and convince people that it is reasonable to ask our city staff to talk to us when they're going to make a change to a park in our community," she said.

STEVE COLLINS/FOR METRO OTTAWA

Calgary duo bringing dignity — and skivvies — coast-to-coast

DONATIONS They may be driving across the country to deliver 30,000 pairs of underwear to shelters, but to the men at the Ottawa Mission, Brent King and Robb Price are giving them more than that — they're giving them dignity.

King, the founder of the GotGinch Cross-Canada Underwear Drive, and Price, founder of the social giving network DeliverGood.org, are driving more than 6,600 kilometres from Vancouver to Halifax in an RV on a mission to deliver underwear to 10 homeless shelters. The Calgary residents made their eighth stop at the Mission yesterday, where they dropped off 3,000 pairs.

"This certainly increases our ability to give dignity back to the people who really need some dignity in their lives," said mission executive director Diane Morrison.

Homelessness "is often overwhelming," said King. "I thought if I chipped it down to one small element, we might be able to do some good."

Another goal of the tour is to raise awareness of the shelters and their needs, said King: "We're hoping to inspire others ... to give back in their own way, big or small."

TRACEY TONG/METRO OTTAWA

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Welcome To Front Porch Season.

Spring is a perfect time to enjoy the wonderful benefits of a front porch. The warmth of the sun, the flowers starting to bloom, people out for a stroll. A front porch is a great place to sit and say 'hello' to the neighbourhood.

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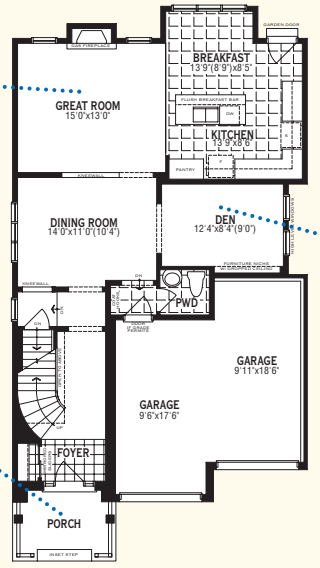

Ground Floor

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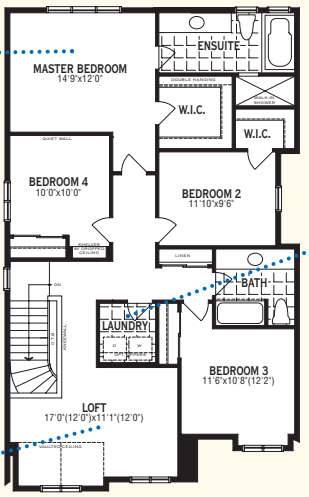

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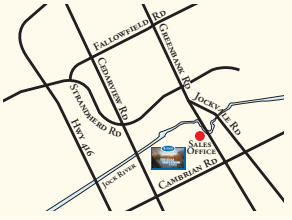

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Local

Wearing pink for cancer fight

When you reach into the closet today, pull out something pink.
The Weekend to End Women's Cancers is organizing a National Wear It Pink Day to celebrate its commitment in the battle to end women's cancers and to raise awareness about the Weekend to End Women's Cancers benefiting the Ottawa Regional Cancer Foundation. One in seven women will be diagnosed with breast or gynecologic cancers in their lifetime. METRO OTTAWA

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News in brief

VETERAN PASSES City council unanimously endorsed Alex Cullen's initiative to provide free transit passes to Ottawa's 6,000 Second World War and Korean War veterans yesterday.
SOLAR PARKS City council has approved a motion allowing the city to enter into a partnership with Energy Ottawa to construct two solar parks on lands near its municipal landfill site at Trail Road.
INCIDENT Police are investigating a suspicious incident that occurred Saturday. Police said a nine-year-old boy was playing in a wooded area at the south end of Forest Street when an unknown male approached from behind and placed him in a headlock. METRO OTTAWA

metronews.ca
What's online today.

Video A baby escaped being hit by a train unharmed after his stroller rolled off an Australian platform. More at **metronews.ca/world**

Lotteries

Lotto 6/49: 12, 13, 33, 43, 46 & 49. Bonus 48
Ontario 49: 6, 15, 22, 27, 44 & 46. Bonus 35
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These results are not official.

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Photographer explores time, memory

National Gallery show presents retrospective of Montreal artist's 25-year career

STEVE COLLINS
for Metro Ottawa

The Canadian Museum of Contemporary Photography yesterday offered a preview of Angela Grauerholz: The Inexhaustible Image, an exhibition of the Montreal photographer's explorations of time and memory, opening tomorrow at the National Gallery of Canada.

The collection features 40 works from Grauerholz's 25-year career, going back to her early dream-like portraits.

"The portraits are really the first body of work that taught me something very particular about the interaction between images, the interaction of the spectator with an image, and I have taken all that understanding and continued to develop whatever my practice has become," Grauerholz said. "So over the last 25 years, I really essentially started to fine-tune these basic ideas."

In addition to framed photographs, the exhibition includes film, a cabinet with prints on sliding screens and a specially built reading room. Part of the exhibition is also online and interactive at atworkandplay.com.

Opens Friday
- The exhibition runs until Sept. 26.

City accepts $1M settlement with Rogers

FEES City council voted yesterday to accept a $1-million legal settlement from Rogers Communications over access fees for the use of overhead and underground wires on city streets.

The city had filed a breach of contract lawsuit against the cable company in 2007, claiming over $1.2 million in unpaid fees. Rogers countersued for $1 million for the return of fees it said it had paid in previous years.

Coun. Gord Hunter, who wanted to decline the settlement offer, compared the access fees to permits for street entertainers.

"It makes no sense to me that we're charging ... people to busk in these road right-of-ways and yet we can't charge Rogers for carrying their entertainment in these same road right-of-ways," he said.

Councillors voted 14-10 to take the advice of city solicitor Rick O'Connor to accept the $1-million settlement and a new 10-year agreement with Rogers, which will pay $30,000 annually.
STEVE COLLINS/FOR METRO OTTAWA

TRACEY TONG/METRO OTTAWA

World-renowned stylist Marc Anthony styles Murale's Laura Foreman's hair at the Marc Anthony Blow Dry Bar at Murale yesterday. Anthony, a Toronto native, has styled the likes of celebrities including Catherine Zeta-Jones, Paris Hilton, Kate Bosworth, Justin Bieber and Harrison Ford.

Need a blow dry? There's a bar for that

TRACEY TONG
tracey.tong@metronews.ca

BEAUTY Growing up, internationally renowned hairstylist to the celebrities Marc Anthony never thought he'd be a stylist.

But when his father died when he was 16, he began working in the family's salon to help his mother.

"Before I knew it, I was winning awards, travelling around the world and doing fashion shows with supermodels," he said.

Anthony, who has styled the likes of Justin Bieber, model Coco Rocha, Paris Hilton, Fergie, Coldplay, Isla Fisher, Kate Bosworth, Blake Lively and America Ferrera for the Oscars, the Emmys and other red-carpet events, was in Ottawa yesterday to launch the first Marc Anthony Blow Dry Bar in Canada at the Murale store on Bank Street.

A blow dry bar offers blow drys and blow outs only, said Anthony.

"People are time-starved today," said Anthony. "What better way to pamper yourself than to have your hair done?"

"People are time-starved today. What better way to pamper yourself than to have your hair done?"
Marc Anthony

Ottawa is a great location for the blow dry bar, he said. Despite Ottawa's reputation as a government town, "I think that women everywhere want to look beautiful," he said. "It doesn't matter where you are," he said.

Even while flying all over the world, Anthony said he will always call Canada home.

"My roots are pretty grounded as a Canadian, living in Canada," he said. "I'm pretty sure that's where I'll stay."

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Keep pets out of sun: OHS

With temperatures remaining in the mid-30s, the Ottawa Humane Society is cautioning pet owners to keep their pets out of the sun. METRO OTTAWA

Horse exhibit set to run

TRACEY TONG
tracey.tong@metronews.ca

"The horse celebrates a unique bond between human and animal that has fundamentally transformed both."
Victor Rabinovitch, CEO,
Canadian Museum of Civilization Corporation

With a far-reaching influence on cultures around the world, the horse is associated with almost every aspect of the human experience, including transportation, trade, agriculture, war, industry, spirituality, art and sports.

Making its Canadian premiere at the Canadian Museum of Civilization tomorrow, the museum's latest exhibit, The Horse, explores the relationship between the animal and the human and how one has changed the other over the course of history.

"The horse celebrates a unique bond between human and animal that has fundamentally transformed both," said Victor Rabinovitch, president and CEO of the Canadian Museum of Civilization Corporation.

The exhibit, which includes fossils and skeletons, prehistoric cave art and contemporary sculpture, vintage photographs, prints and posters, ceramics, toys, sports equipment, examples of riding gear from around the world as well as cultural objects including a full suit of 15th-century German horse armour, runs through Jan. 2.

The museum is marking the opening of the exhibit with Horse Week from May 29 to June 6.

News in brief

HONOURED Gov. Gen. Michaëlle Jean invested two Ottawa police officers, member Brenda Lawson and retired Ottawa police inspector Joseph Lance Valcour into the Order of Merit of the Police Forces yesterday. The order honours a career of exceptional service or distinctive merit in the Canadian police services.

BEACHES Ottawa's four supervised beaches, including Britannia, Westboro, Mooney's Bay and Petrie Island, officially open for the summer on June 19, when lifeguards will be on duty from noon to 7 p.m. daily. Residents can check daily updates on water quality by calling 311 or by visiting ottawa.ca/health.

ENVIRONMENT The city marks Environment Week next week, Mayor Larry O'Brien proclaimed yesterday. The week is an annual national event aimed at increasing public awareness of the importance of building a cleaner, greener, environmentally sustainable community. METRO OTTAWA

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Bottled water gets a passing grade — sort of

A laboratory that tested several brands of bottled water from Ontario and Quebec found many contained high levels of one class of bacteria, but even the researchers say such bugs are unlikely to cause harm. Researchers found more than 70 per cent of 10 bottled water products had heterotrophic bacteria levels that exceeded the limit. THE CANADIAN PRESS

Canada

Crowding into Canada

A new study says Canada's population could exceed 40 million by 2036. And Statistics Canada says that as baby-boomers turn 65, the number of senior citizens could more than double, outnumbering children for the first time. Growth would be higher than the national average in Ontario and B.C., largely because of immigration. THE CANADIAN PRESS

Poll shows Canadians think MPs break rules

Auditor general backed in expenses furor

A new poll suggests Canadians, in effect, support auditor general Sheila Fraser in her quest to make MPs come clean on expenses.

The Canadian Press Harris-Decima survey indicates Canadians now overwhelmingly believe their members of Parliament are breaking the rules on expense claims.

The poll is bad news for MPs who have collectively rejected a request by Fraser to examine half a billion dollars in annual spending.

The poll of just over 1,000 respondents found that 80 per cent believe it likely MPs are claiming expenses against the rules, and just 12 per cent think it unlikely.

Fully 85 per cent of those surveyed said they were concerned about the MPs' refusal to let Fraser look at their books

Meanwhile, it appears MPs are finally acknowledging they have a huge, collective, public-relations problem.

It appears MPs of all stripes got an earful about expenses from people back home during last week's House of Commons break.

Liberal Leader Michael Ignatieff says his party has written to Commons Speaker Peter Milliken asking that Fraser be given a new opportunity to explain her proposed audit of half a billion dollars in annual spending.

"I think there has been some misunderstanding ... of what she intended," said Ignatieff.

"She clarified that quite a lot."

In a series of media interviews this week, Fraser said she has "better things to do than look for $4 cups of coffee." THE CANADIAN PRESS

FRED CHARTRAND/THE CANADIAN PRESS

MPs rebuffed Sheila Fraser when she tried to probe expenses. But now they realize they have a public relations problem.

Mounties face charges after ruckus in a bar

CRIME Two Mounties are facing charges after an argument that almost became a physical fight at a southern Alberta bar.

Officers from the Brooks detachment were called to investigate a disturbance at a local drinking hole.

It was alleged six off-duty members from three separate detachments were involved in a liquor-fuelled dispute. THE CANADIAN PRESS

ScanLife

Parents head to court in a bid to unmask daughter's Facebook tormentors.

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Tot's death **Mom on probation**

ANDREW VAUGHAN/THE CANADIAN PRESS

Jane Elizabeth Gomes leaves court in Halifax yesterday after being sentenced to six months probation in the 2009 death of her infant daughter. Under a plea bargain, Gomes pleaded guilty to a charge of failing to provide the necessities of life for her seven-week old baby. Her former partner is charged with manslaughter in the child's death.

Teenage pregnancy rates drop by 36.9%

GROWING UP The rate of teen pregnancies in Canada dropped 36.9 per cent between 1996 and 2006, according to research by the Sex Information and Education Council of Canada.

The teen pregnancy rate also dropped 25 per cent in the U.S. during the same period, and 4.75 per cent in England and Wales. It increased by 19.1 per cent in Sweden.

Reducing socio-economic inequality is the most significant factor in teen pregnancy rates, said research co-ordinator Alexander McKay. Rates of teenage pregnancy, for example, are higher in pockets of poverty in the U.S.

Quality sex education in schools and easy access to health services must be maintained to keep pregnancy levels low, McKay said. THE CANADIAN PRESS

News in brief

GIANT CULL More than 71,000 coyotes that had a bounty on their heads have been killed in Saskatchewan. Agriculture Minister Bob Bjornerud said yesterday the cull was necessary because the animals had become a threat to livestock and farm families. It offered hunters, farmers and ranchers $20 per dead coyote. THE CANADIAN PRESS

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Police targeting black teens?
Black teenagers are more than twice as likely to be arrested in Montreal as white teens, a racial profiling hearing has heard. THE CANADIAN PRESS

Abortion unjustified, even in rape: Cardinal

Ouellet won't back down amid furor

The Roman Catholic Primate of Canada is standing by his comments that abortion is unjustifiable, even in the case of rape.

Marc Cardinal Ouellet is urging the federal government to help pregnant women keep their child.

"Governments are funding clinics for abortion," said Ouellet.

"I would like equity for organisms that are defending also life.

"If we have equity in funding those instances to help women I think we would make lots of progress in Canada."

Two weeks ago, Ouellet applauded Prime Minister Stephen Harper's government for its stance against funding abortions in the developing world — praise from which Ottawa quickly distanced itself.

Yesterday, Ouellet urged the federal government to take concrete actions at home, such as supporting women who decide to keep their child.

"If they do not want to fund abortion abroad and they do not bring at home more help to women to keep their child, I think they are incoherent."

Ouellet said the ultimate responsibility for deciding to have an abortion is a matter of conscience.

He insisted he is not judging women who have abortions and said he would help them afterward.

Ouellet says he regrets it if his remarks caused additional suffering to women considering abortions.

THE CANADIAN PRESS

JACQUES BOISSINOT/THE CANADIAN PRESS

Marc Cardinal Ouellet responds to media questions yesterday. He said he regrets it if his original remarks caused suffering.

"I would like equity for organisms that are defending also life."
Marc Cardinal Ouellet

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Ex-lawyer pleads guilty to theft, fraud

A former B.C. lawyer has pleaded guilty to theft and fraud charges. Edward Kenny entered the pleas to four counts of theft over $5,000 and two counts of fraud over $5,000. Kenny was charged following an eight-year investigation after police received complaints from investors in Canada, the U.S. and Australia. THE CANADIAN PRESS

Lawyer seeks ban in online case

FACEBOOK A Nova Scotia lawyer is asking a judge to ban publication of information that could identify a girl who was allegedly defamed on a Facebook page.

The case was adjourned today, but the judge says he will hear arguments regarding the proposed ban today.

Michelle Awad, lawyer for the girl's family, says a Facebook page set up in the name of the 15-year-old contained allegedly defamatory remarks.

Awad says officials at California-based Facebook Inc. have given her the computer address of the person who created the account. But the lawyer is now seeking a court order to get a name from Eastlink, a Halifax-based Internet provider. The lawyer says the publication ban would only apply to her court order application as the girl's family has yet to decide whether they will file a lawsuit if a name is revealed. THE CANADIAN PRESS

ROBERT BENZIE/TORSTAR NEWS SERVICE

Ontario Premier Dalton McGuinty meets with Shai Agassi, founder of Better Place, after testing a prototype of an electric Renault Laguna in Tel Aviv, Israel yesterday. Agassi is launching a nationwide network of electrical charging ports and battery switching stations in Israel next year.

McGuinty test drives electric car

ISRAEL Premier Dalton McGuinty took a spin in Israel's car of tomorrow before road-testing a message of hope as he heads to the West Bank to meet Palestinian officials.

McGuinty yesterday drove a prototype Renault Laguna, the world's first electric car with an easily switchable battery, at Better Place, which is building a nationwide network of charging stations.

"It's an exciting concept, it's a responsible concept. It's one that's going to prove to be a benefit to the economy and to the environment," McGuinty said at the company's testing centre on the outskirts of Tel Aviv.

The Israeli firm, which is partnering with Nissan-Renault, will open a similar facility in Toronto in 2011 and put some experimental electric taxis on city streets to get Ontarians accustomed to them.

"We believe that by 2020 the majority of new cars added to the road will be electric cars," said Better Place founder and CEO Shai Agassi.

TORSTAR NEWS SERVICE

TD urges health tax

Premier Dalton McGuinty should set a goal of making Ontario the "healthiest province in Canada" to help contain the spiraling costs of health care, says a report by TD Bank economists.

Ontario should also consider new sources of revenue — including a "health-care benefits tax" blended into the income tax system, and a system for pre-funding drug costs, in much the way a pension plan pre-funds retirement.

While the report calls for increased involvement of the private sector in some aspects of health care in a drive to improve efficiency, it says payments for health services should still be covered under OHIP.

The need for "bold" changes in health care are compelling, says the TD's chief economist Don Drummond.

"It is the biggest public policy issue we confront in Canada, so there's a desperate need to do something in this field," he said in an interview.

Boosting efficiency is one way to keep health care from overwhelming the budget, says TD.

A healthier population is less costly to serve, they argue, and the province should lead an "extraordinary effort" to improve health by measures such as promoting physical activity, reducing smoking and salt consumption. Special efforts should be made to reach youth and "disadvantaged groups," they added.

TORSTAR NEWS SERVICE

Spending

- TD projects that health spending is likely to grow by 6.5 per cent a year in the future, while government revenues grow only four per cent. At that rate, health care would eat 80 per cent of the province's program budget by 2030, up from 46 per cent today.

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Protesters hope to send Trump's plan into rough
Protesters opposed to Donald Trump's planned $1.5-billion Scottish golf resort have purchased an acre of land from a local man who has refused to sell his property to the tycoon. THE ASSOCIATED PRESS 9

World

Rig worker: BP took 'shortcuts'

Senior managers complained oil giant BP was "taking shortcuts" by replacing heavy drilling fluid with saltwater in the well that blew out, triggering the massive oil spill in the Gulf of Mexico, according to witness statements obtained by The Associated Press.

Truitt Crawford, a roustabout for drilling rig owner Transocean LTD, told coast guard investigators about the complaints. The seawater, which would have provided less weight to contain surging pressure from the ocean depths, was being used to prepare for dropping a final blob of cement into the well.

"I overheard upper management talking saying that BP was taking shortcuts by displacing the well with saltwater instead of mud without sealing the well with cement plugs, this is why it blew out," Crawford said in his statement.

A spokesman for BP, which was leasing the rig Deepwater Horizon when it exploded April 20, killing 11 workers and triggering a massive oil spill in the Gulf of Mexico, declined to comment.

Meanwhile, the statements from workers ahead of a hearing in New Orleans yesterday and a U.S. congressional memo about a BP internal investigation of the blast indicated warning signs were ignored. Tests less than an hour before the well blew out found a buildup of pressure that was an "indicator of a very large abnormality," BP's investigator said, according to the memo. THE ASSOCIATED PRESS

Latest attempt to plug gusher

- BP started pumping heavy mud into the leaking Gulf of Mexico well yesterday and said everything was going as planned in the company's boldest attempt yet to plug the gusher that has spewed millions of gallons of oil.

After secretive years of detention and abuse allegations, trials begin in Afghanistan.

Scan this code for the story.
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New York **Record ink**

SETH WENIG/THE ASSOCIATED PRESS

Julia Gnuse, the Guinness World Record holder for the most tattooed woman in the world, shows off some of her head-to-toe tattoos in New York yesterday.

Facebook to simplify privacy

TECH Bowing to its members' outrage, Facebook is simplifying the site's contentious privacy rules. Facebook founder Mark Zuckerberg thinks he's finally found a solution to the site's privacy woes.

Yesterday, Zuckerberg announced modifications that will allow Facebook users to choose whether to share information with friends only, with friends of friends, or with everyone. The settings will work retroactively with previous posts. THE CANADIAN PRESS

Clinton fully backs S. Korea on visit

SEOUL U.S. Secretary of State Hillary Rodham Clinton said yesterday the world must respond to the "unacceptable provocation" represented by the sinking of a South Korean warship blamed on North Korea as the regime shelled out more blistering rhetoric against Seoul and Washington. Relations between North and South are at their lowest point in a decade. THE ASSOCIATED PRESS

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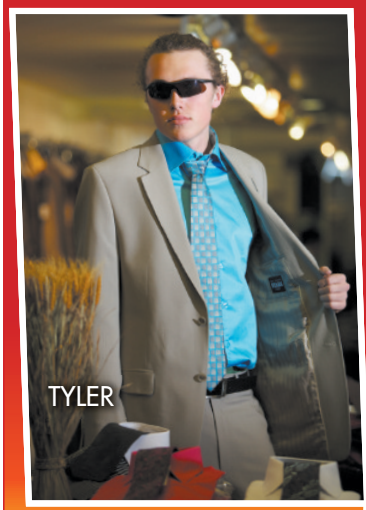

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10world

U.S. says 89 deaths linked to Toyota issue, upping number

Unintended acceleration in Toyota vehicles may have been involved in the deaths of 89 people over the past decade, the U.S. government said Tuesday. THE ASSOCIATED PRESS

'It was the best view'

Teen who broke Everest record safely off the mountain

The 13-year-old American boy who became the youngest person to scale Mount Everest made it off the mountain safely yesterday, saying reaching the highest point in the world was the time of his life.

Jordan Romero, from Big Bear, Calif., reached the 8,850-metre summit on Saturday with his father Paul Romero, his father's girlfriend Karen Lundgren and three Sherpa guides.

"It was a feeling like no other," he told reporters in a brief interview after entering Nepal from Tibet. "We were having a time of our lives. It was the best view you could get anywhere in the world."

He broke the record set by Temba Tsheri of Nepal, who reached the peak at age 16.

Romero is one climb away from his overall goal of reaching the highest peaks on all seven continents. The final peak is the 4,900-metre Vinson Massif in Antarctica, which he hopes to tackle at the end of the year.

CHINLUN LAM/XINHUA/THE ASSOCIATED PRESS

Jordan Romero, left, the 13-year-old American who on Saturday became the youngest climber to summit Mount Everest, is hugged by his father Paul Romero, and his father's girlfriend Karen Lundgren as they cross the border from China to arrive in Nepal border town Tatopani.

Minimum age

- Romero's team had climbed Everest from the northern face of the peak in China, because Nepalese laws require climbers to be at least 16.

Romero's father said there was nothing wrong with the decision to allow his young son to climb the world's highest peak.

"Nothing irresponsible about what we did. We were so prepared, everything went perfect. Age has nothing to do with anything," Paul Romero told reporters in Liping, a border town northeast of Kathmandu.

Jordan Romero said the climb was harder than he thought, and he was now looking forward to seeing his friends and family.

THE ASSOCIATED PRESS

VOLUNTEERS NEEDED FOR DEPRESSION RESEARCH

Psychiatrists at the Ottawa Psychopharmacology Clinic are currently conducting a research study of an investigational medication for depression. The purpose of the study is to further our knowledge about the possible treatment of depression. Study duration is initially 8 weeks with possible continuation of up to 16 weeks in total. Included are a physical exam, blood tests and a psychiatric interview. All information provided will be treated in strictest confidence. To volunteer, you must be 18-70 years of age, not currently in psychiatric treatment (unless you are being referred by your treating doctor), have no drug or alcohol problems and be in generally good physical health.

	YES	NO
I am feeling sad and depressed	☐	☐
I am having difficulty sleeping	☐	☐
I am feeling low in energy and slowed down	☐	☐
My appetite has changed	☐	☐
I am experiencing feelings of guilt	☐	☐
I have lost interest in work and pleasurable activities	☐	☐
I feel hopeless about the future	☐	☐
I feel tense and anxious	☐	☐
I am having difficulty making decisions	☐	☐
I am having trouble concentrating	☐	☐

Ottawa Psychopharmacology Clinic
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Headless chickens baffle troopers
Alaska State Troopers are puzzled by a gruesome discovery in the city of North Pole: 26 headless chickens carefully arranged at a coop. THE ASSOCIATED PRESS

Bucharest **Indignant infant**

VADIM GHIRDA/THE ASSOCIATED PRESS

A child is seen during a protest by parents against planned cuts of childcare benefits in Bucharest, Romania, yesterday. Trade unions have threatened a general strike starting next week following the decision to cut state sector salaries by 25 per cent and pensions by 15 per cent and other benefits.

Fergie hints at recent scandal

BOOKS The Duchess of York alluded to an influence-peddling scandal involving her ex-husband Prince Andrew in an appearance yesterday to promote her latest children's books, joking to the audience that "I prefer children."

Beset by money woes, the ex-royal Sarah Ferguson was caught on video offering an undercover reporter access to her former husband for $724,000, a British tabloid reported this week.

"As you all know, I really don't like grown-ups. I prefer children," Ferguson quipped at BookExpo America at the Jacob K. Javits Convention Center before several hundred book dealers. She was one of four children's book authors at the event promoting and signing their new books.

Ferguson made a number of offhand, self-deprecating remarks during the event without directly saying anything about the recent scandal.

THE ASSOCIATED PRESS

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Comment

Practise random acts of kindness

Relating

There seems to be something a bit futile in the scientific study of human relationships. Countless very smart people bring real scientific rigour to bear the subject, but often attain no more insight than the average pop song or episode of Oprah.

This week's example: A study out of the University of North Carolina at Chapel Hill, published in the June issue of Personal Relationships, suggests the key to happy coupledom may be simple gratitude.

Researchers studied 67 couples who had been together for at least three months and had each partner keep a nightly diary for two weeks, detailing favours they did for the other, as well as favours the other did for them along with their emotional responses.

These being real couples, the kindnesses that participants recorded went undetected almost half the time, but when they actually noticed and felt gratitude, there was a strong correlation with feelings of connectedness.

So there you go. Be nice to each other, don't take each other's niceness for granted and everything should be, uh, nice.

It may sound like the latest findings from the Centre for the Study of the Crashingly Obvious, but much of the research into relationships is aimed either at proving or disproving the folk wisdom we've been relying on for generations to keep the peace between us.

And this is far from the first study linking gratitude to a stronger relationship, and to happiness in general, a condition that seems most easily achieved by those who are in the habit of counting their blessings.

The researchers made a distinction between actual feelings of gratitude and a mere sense of indebtedness or obligation, which, while it will serve to keep a couple together, doesn't form the same Krazy Glue emotional bond between them.

The kindnesses, this study found, didn't have to be over-the-top: "Events such as one partner planning a celebratory meal when the other partner gets a promotion, taking the children to the zoo so the other partner can have some quiet time, or stopping to pick up the other partner's favourite coffee are each benefits to the recipient."

The glow from such small gestures, the study's authors said, lasted up to a day afterwards, and both partners benefited.

While these findings may not comprise an Earth-shaking development in relationship science, they are nonetheless heartening. Instead of racking your brain to find the perfect romantic gesture, it seems, you can do each other a lot of good with accumulated, habitual little kindnesses — and you could start right now.

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Summer's four-letter word: The bikini

FourthWave

It's bikini season.

Two words certain to strike fear into the heart of pretty much any woman.

Being too skinny, too fat, too curvy or too insert-adjective-here has always been a tender topic. But we have tended to talk about body image as an issue for non-feminists — as in, how can feminists help women get over their hang-ups? — without talking about it in personal terms.

I should know — I cycle, run, practise yoga regularly, and look and feel good. But guess what? The idea of buying a bathing suit starts the engine of socially conditioned self-doubt — my thighs are too jiggly, my gut a bit too soft. And, all of sudden, I'm considering signing up for boot camp.

"The idea of buying a bathing suit starts the engine of socially conditioned self-doubt ..."

And it's not just me. Several friends (feminist, too!) have signed up for all manner of classes with flowery, pandering names like Flirtygirl Fabulously Firm or Booty-Camp. The only thing missing is a pink cosmopolitan after the workout.

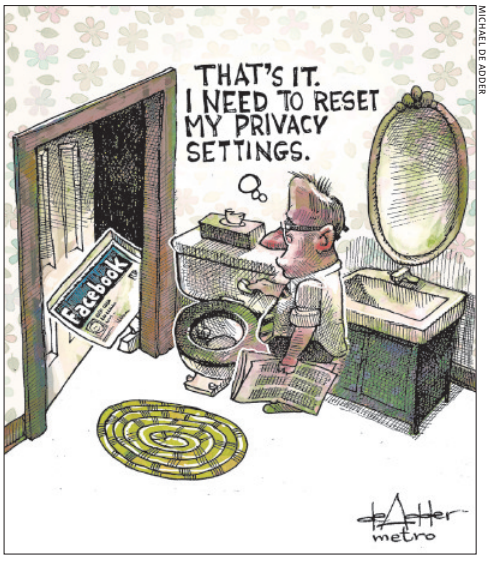
Am I betraying my feminist sensibilities? Magazine cover models are Photoshopped to hell. Being too skinny is unhealthy. I fear I'm perpetuating an artificially created standard for women by wanting to look a certain way.

My mind and body are at war.

Maybe I shouldn't be surprised. It's one thing to affirm in our heads that we're fine just the way we are, but it's another to know it in our hearts — and that's as true for feminist women as it is for women who would never define themselves using the F word.

Coming to terms with this may prove to be harder than any amount of pull-ups or push-ups.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.



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Apple getting attention from Justice Department over iTunes

The U.S. Justice Department is making preliminary inquiries into Apple Inc.'s business practices regarding its iTunes digital music service, though the antitrust division's questioning of music industry officials and Internet companies hasn't yet found any evidence of wrongdoing. METRO NEWS SERVICES

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

VOSHMI/GETTY IMAGES

The parents of a Foxconn employee who died in January display a portrait of their son as journalists gather at the giant Foxconn plant in Shenzen yesterday.

China iPod maker in damage control

Foxconn Technology Group showed off a motherboard factory, swimming pool and a hotline centre for workers with emotional problems yesterday as the giant company — maker of iPods and other popular gadgets — tried to repair an image damaged by a spate of employee suicides in China.

The company's mediashy chairman, Terry Gou, repeatedly apologized for the 10 deaths this year and told reporters the firm would do everything possible to prevent more suicides. Nets were put on buildings to stop people from jumping, and about 100 mental health counsellors were being trained.

Gou said he has been having trouble sleeping at night because of the suicides, the latest one reported Tuesday when a 19-year-old man jumped from a building after working at the plant for about a month. The tour with six busloads of journalists went through the palm tree-lined streets of the sprawling factory complex in the southern city of Shenzhen, north of Hong Kong.

The walled-in industrial park employs 300,000 workers and looks more like a small city with fast-food restaurants, bakeries, Bank of China branches and towering dormitories for workers.

Foxconn was trying to address allegations from labour groups that the workers were killing themselves because of hellish conditions in the factories, which churn out iPhones, Dell computers, Nokia mobile phones and many other big-selling electronics.

Critics allege Foxconn manages its plants with a strict military approach and workers must work too much overtime on assembly lines that move too fast. Gou insisted the vast majority of workers were happy, and too much attention was being given to the troubled few. THE ASSOCIATED PRESS

Raise interest rates now: OECD

STIMULUS The Bank of Canada should start raising interest rates immediately so the economy doesn't become overstimulated, according to a leading international economic agency.

The Organization for Economic Co-operation and Development said yesterday that the central bank should tighten its policy lending rate gradually, but without delay. Temporary stimulus measures such as low interest rates could overstimulate the economy if left in place for too long, the organization said.

"To build credibility, (governments) should flesh out recently announced fiscal consolidation plans, focusing on spending reductions, and embark on the structural reforms these plans require," the OECD wrote in its twice-yearly economic outlook report.

The Bank of Canada hinted in April that it could begin to raise its key lending rate from its historical low of 0.25 per cent as soon as June 1.

However, fears that debt troubles in Europe could slow the economic recovery have raised speculation that the central bank may hold off until later in the year. The OECD predicted that Canada's economy will grow by 3.6 per cent this year and 3.2 per cent in 2011.

This is a more upbeat forecast than the last one released by the organization in November, which predicted growth of two per cent this year and three per cent in 2011.

"The economy is rebounding vigorously from the recession trough, helped by a recovering trade sector and policy measures," the organization said.

However, it added that the pace of Canada's recovery is expected to moderate going forward as stimulus measures are withdrawn, manufacturers finish rebuilding inventories and households pay down debt. THE CANADIAN PRESS

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Feds unveil plan for national regulator

SECURITIES Finance Minister Jim Flaherty unveiled a federal government plan yesterday to create a single Canadian securities regulator.

Under the new Canadian Securities Act, the new regulator would replace the current "balkanized" system where Canada has 13 regional regulators, Flaherty said at a news conference in Ottawa.

Jim Flaherty

"[That's] 13 sets of rules and 13 sets of fees," Flaherty said.

Flaherty brought the bill to the Commons yesterday, but Ottawa will also ask the Supreme Court for advice on the issue.

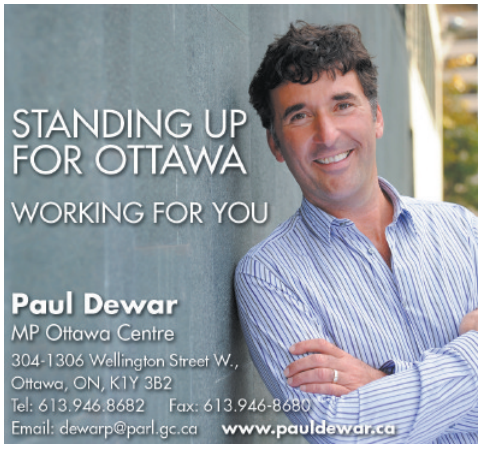
"We'll be asking the Supreme Court of Canada a clear question: Is the next proposed Canadian Securities Act within the legislative authority of the parliament of Canada?" Flaherty said.

Currently, each province and territory runs its own regulator. Two provinces — Alberta and Quebec — have vowed to fight any plan to create a single national regulator. A number of larger Quebec companies have joined with the province in opposing Ottawa's plan.

For decades, both Conservative and Liberal federal governments have tried to replace the current system.

Liberal Leader Michael Ignatieff voiced his cautious support for the proposal, as long as it doesn't encroach on provincial activities.

"We have to be absolutely sure that a cross-Canada solution will not harm provincial jurisdiction ... It is possible to have an institution which is there to protect investors' investments, but we shouldn't be doing that at the expense of the jurisdiction in Montreal or Vancouver or Calgary." THE CANADIAN PRESS



Business in brief

IPAD The iPad goes on sale in Canada on Friday morning and will be available at Best Buy and Future Shop stores, in addition to Apple's retail shops, some of which will open at 8 a.m. The various available models range in price from $549 to $879.

TELECOM Nortel Networks Corp. may get as much as $1.1 billion US for technology patents that analysts say would benefit potential bidders including Research In Motion Ltd. The company has about 4,500 patents granted and over 1,000 applications pending. METRO NEWS SERVICES

Wired magazine talked big about the Apple iPad, now they stake their future on it.
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The Prevage Collection

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- **Prevage Eye Anti-Aging Moisturizing Treatment,** 5 mL
- **Prevage Anti-Aging Night Cream,** 7 mL

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Vikings' Allen looses mullet

Jared Allen has cut his mullet. The all-pro defensive end for the Minnesota Vikings showed off his new trim in a video and photo posted this week on the team's website. Allen also wrote an update Tuesday on his Twitter feed, confirming he got the cut for his upcoming wedding. Allen said the mullet is not "just some hair" but "a lifestyle!" THE ASSOCIATED PRESS

Sports

IndyCars may get new look

The IndyCar Series may be going futuristic by 2012. Drivers could be racing cars that look more like landspeeders from Star Wars or something that looks like it came out of Batman or Speed Racer. A committee is reviewing the new designs, including the Delta Wing concept car at left, and five manufacturers are vying to build the next generation of IndyCars. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

Abreu's late single downs Jays

MLB RESULTS

Blue Jays 5 Angels 6

VS

Bobby Abreu hit an opposite-field RBI single with two out in the ninth inning, atoning for an error that led to the tying run in the top half, and the Los Angeles Angels beat the Toronto Blue Jays 6-5 yesterday.

Mike Napoli led off the inning with a double to left-centre against Scott Downs (1-4), who retired Maicer Izturis on a grounder to the first base side as Napoli took third. After intentionally loading the bases, Downs got Howie Kendrick to ground into a force at the plate with the infield in.

But Abreu worked the count to 2-2 and slapped the next pitch to left field. The run snapped a scoreless string of 13⅔ innings by Downs, the longest by a Blue Jays reliever this season.

Blue Jays starter Brandon Morrow allowed three runs, three hits and four walks while striking out six in five innings.

THE ASSOCIATED PRESS

MARK J. TERRILL/THE ASSOCIATED PRESS

Toronto Blue Jay Jose Bautista dives out of the way of a close pitch as Los Angeles Angels catcher Mike Napoli catches the ball yesterday in Anaheim, Calif. The Angels won 6-5.

Senators re-sign goalie Brodeur

NHL The Ottawa Senators re-signed goaltender Mike Brodeur to a one-year contract yesterday.

Brodeur, 27, spent the majority of the 2009-10 season with Ottawa's American Hockey League affiliate in Binghamton. In 36 games with the farm club, Brodeur went 13-13-2 with a 3.06 goals-against average and a .899 save percentage.

Brodeur was recalled to Ottawa on two occasions, posting a 3-0-0 record with a 1.00 goals-against average and a .966 save percentage.

Brodeur's new deal is a two-way contract.

THE CANADIAN PRESS

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MLB

YESTERDAY'S AL RESULTS

L.A. Angels 6 Toronto 5
Chicago White Sox 5 Cleveland 4
Kansas City 5 Texas 2
Seattle 5 Detroit 4
N.Y. Yankees 1 Minnesota 0 (comp. of susp. gm)
Oakland 6 Baltimore 1
N.Y. Yankees 3 Minnesota 2
Boston 11 Tampa Bay 3

YESTERDAY'S NL RESULTS

Atlanta 7 Florida 3
N.Y. Mets 5 Philadelphia 0
Cincinnati 4 Pittsburgh 0
L.A. Dodgers at Chicago Cubs
Houston at Milwaukee
Arizona at Colorado
St. Louis at San Diego
Washington at San Francisco

TODAY'S AL GAMES

Oakland at Baltimore, 7:05 p.m.
Kansas City at Boston, 7:10 p.m.
Chicago White Sox at Tampa Bay, 7:10 p.m.
N.Y. Yankees at Minnesota, 8:10 p.m.

TODAY'S NL GAMES

Houston at Milwaukee, 1:10 p.m.
L.A. Dodgers at Chicago Cubs, 2:20 p.m.
Arizona at Colorado, 3:10 p.m.
Washington at San Francisco, 3:45 p.m.
St. Louis at San Diego, 6:35 p.m.
Philadelphia at N.Y. Mets, 7:10 p.m.
Pittsburgh at at Cincinnati, 7:10 p.m.
Atlanta at Florida, 7:10 p.m.

NBA PLAYOFFS

YESTERDAY'S RESULTS

Boston at Orlando

TODAY'S GAME

Phoenix at L.A. Lakers, 9 p.m.

For more scores visit metronews.ca/sports

Rain doesn't slow Federer at French Open

TENNIS Apparently, even Roger Federer, with his record 16 Grand Slam titles, was in need of some advice on a wet and windy day yesterday at the French Open.

Forced off court by two rain delays, and "pushed," as he put it, by a player with a career record below .500, Federer turned to Swiss Davis Cup captain Severin Luthi for words of wisdom during the breaks. Told to be more aggressive early, then to use more drop shots late, Federer wound up with a 7-6 (4), 6-2, 6-4 victory over Alejandro Falla in the second round.

"Those were good things he told me," said the top-ranked Federer, the French Open's defending champion for the first time. "Those little details make a crucial difference."

The defending women's champion, sixth-seeded Svetlana Kuznetsova, encountered quite a bit more trouble than Federer did — she faced four match points in the second set against 41st-ranked Andrea Petkovic and was so distraught she whacked herself in the leg with her racket.

Petkovic made matters easier with unforced groundstroke errors on all four of those chances to win, though, and Kuznetsova eventually came all the way back for a 4-6, 7-5, 6-4 victory — but not before wasting three match points of her own.

"I'm not really sure what happened," Kuznetsova said. "I saw that she got tight."

Also into the third round was No. 2 Venus Williams, who walloped one serve at 128 m.p.h. in a 6-2, 6-4 victory over Arantxa Parra Santonja.

Other winners included No. 3 Caroline Wozniacki, No. 14 Flavia Pennetta, No. 15 Aravane Rezai, No. 19 Nadia Petrova and Williams' next opponent, No. 26 Dominika Cibulkova, a semifinalist last year.

THE ASSOCIATED PRESS

CLIVE BRUNSKILL/GETTY IMAGES

Roger Federer of Switzerland celebrates yesterday during his men's singles second-round match against Alejandro Falla of Colombia at the French Open in Paris.

Sports in brief

HOCKEY The hockey sweater worn during one of Canada's greatest sporting moments is on the auction block. Paul Henderson wore the scuffed-up, stick-marked jersey when he buried the winning goal in the 1972 Summit Series against the former Soviet Union. The president of a Montreal-area auction house says Henderson's jersey could be the most valuable piece of hockey memorabilia of all time. Classic Auctions president Marc Juteau expects the heavy-knit artifact to fetch more than a Bobby Orr rookie sweater that was recently auctioned off for nearly $200,000.

NHL Flyers goalie Brian Boucher returned to practice after suffering a knee injury and hopes he can back up Michael Leighton in the Stanley Cup final. Boucher was Philadelphia's post-season starter until he sprained a ligament in his left knee in Game 5 of the Eastern Conference semifinals.

METRO NEWS SERVICES

Fired Cavs coach makes first statement

Fired Cleveland coach Mike Brown called his five years with the Cavaliers an "exceptional experience." Brown, who has not publicly commented since his dismissal, issued a statement through the team yesterday in which he thanked the Cavs for the opportunity to coach in Cleveland. THE ASSOCIATED PRESS

No 'cruise control' for Suns' Nash

Victoria native taking his bumps and bruises in search of NBA championship for Phoenix

Having survived a nasty cut over his right eye, a broken nose that required surgery — after he couldn't fix it himself while dribbling up the court — and an old nemesis in the San Antonio Spurs, the question becomes whether Steve Nash can avoid any other setbacks as he pursues the ultimate basketball goal.

Nash may be just two games away from exorcising demons that have plagued him for more than half a decade, but you can excuse him and the rest of what's known as Planet Orange around the Phoenix Suns for experiencing a slight measure of trepidation and dread. After all, you wonder how much Nash can endure.

As Nash chases his first berth in the NBA Finals, he is playing with a broken nose courtesy of Lakers guard Derek Fisher, an injury that was surgically repaired after practice the day between Games 3 and 4. The bumps he took in Game 4 didn't help — the 36-year-old was knocked to the court a couple times, shook his head, checked his nose and got on with the business at hand.

He still has a bit of a shiner from the six-stitch cut he got over his right eye in the clinching win over San Antonio, a blow that all but shut his eye for the fourth quarter. And then there are the back and hip issues. Before the final game of the first round against Portland, Nash was held out of practice because of the pain. He began that game by committing seven turnovers and missing his only two shots, but shook it off and was on the court to make a virtual series-clinching three-pointer.

"Don't even ask, don't even ask. You know better than that," Suns coach Alvin Gentry said during the Portland series when asked if he had considered sitting out Nash for the deciding game. "If Steve can play then Steve will play."

While other Suns have contributed to the 2-2 tie with the heavily favoured Los Angeles Lakers, Nash's leadership abilities are central. He may not be demonstrative or overly vocal, but he leads by example.

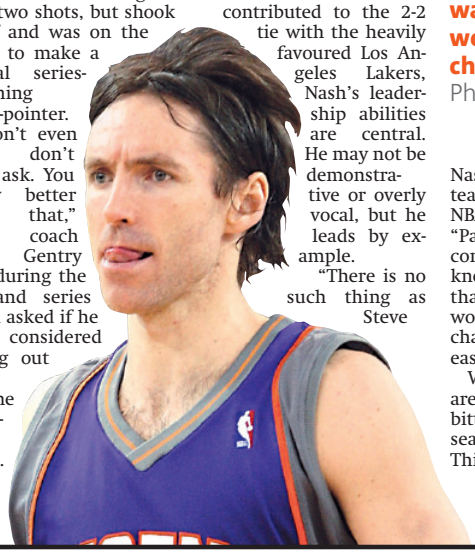
"There is no such thing as Steve Nash on cruise control," teammate Grant Hill told NBA.com before the series. "Part of my decision to come back here was in knowing he was here and that would mean we would always have a chance. He never takes the easier path."

What Nash and the Suns are trying to overcome are bitter memories of post-season disappointments. This is the third time in Nash's tenure the Suns have made the conference final.

Phoenix will look to take the series lead in tonight's Game 5 in Los Angeles.

The Suns have not played for an NBA title since 1992 and Nash has never even been to Game 7 in a conference final. At 36, flanked by the 37-year-old Hill and free-agent-to-be Amare Stoudemire, this may turn out to be Nash's last good chance to play for a ring.

TORSTAR NEWS SERVICE



"Part of my decision to come back here was in knowing he was here and that would mean we would always have a chance. He never takes the easier path."
Phoenix's Grant Hill on Steve Nash

Steve Nash

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Olympic teammates Toews and Richards to square off

HOCKEY Jonathan Toews and Mike Richards skated on the same line, sported the same jersey and shared a purpose during Canada's pressure-filled run to a gold medal at the Vancouver Olympics.

Playing in their own country where hockey is king, the expectations immense, made the reward even more gratifying for the two young stars.

A few months later, they have a rare chance at a hockey double, a chance to add a Stanley Cup to their gold medal. This time they are on opposite sides, with Toews and the Blackhawks looking to win the franchise's first championship since 1961 and Richards leading the Flyers back to the finals for the first time in 13 years.

The two young captains — Toews at 22, Richards at 25 — are former first-round draft picks whose teams follow their example and their play. But what they do for their teams goes well beyond finding the back of the net with the puck. They can get dirty in the corners or near the crease, check another team's scoring threat or thread a precise pass to set up a teammate.

"I'd say he's a little more physical player than I am," Toews said of Richards.

"He likes to go for the big hits. But, yeah, he's a competitive guy, a heart-and-soul guy that doesn't take the easy way. He works for every bounce he gets."

Toews and Richards aren't the only players who could win a gold medal and get to carry around the Stanley Cup this year.

Chicago's defensive tandem of Duncan Keith and Brent Seabrook and Flyers defenceman Chris Pronger also helped Canada win the gold.

"It would be special. Ever since the Olympics it's been go, go, go. No time to think about that," Richards said.

Asked about Toews, he returned the compliment.

"The thing I know about Toews is how hard he works and how he makes his linemates better," he said.

"Duncan and Seabrook are the same way. They work well together. Those are things you have to be aware of."

In the teams' only meeting this season, Pronger scored the game-winner with two seconds left to lift the Flyers to victory, a defeat Chicago coach Joel Quenneville said may have been Chicago's most frustrating of the season.

Pronger has watched Richards grow into his role this season and been there to support him when needed — on and off the ice.

"It's not always going to be roses. There's always going to be tough times, for older captains too," Pronger said.

"As the year went along, he found his niche and how he would lead our team and it's been very successful for not only him, but our team. Guys have fallen in line."

THE ASSOCIATED PRESS

Scoring threats

- Jonathan Toews and Mike Richards are 1-2 in playoff scoring this year. Toews has put up 26 points with seven goals and 19 assists and has a point in a club-record 13 straight playoff games. Richards has 21 points, six goals and 15 assists.

CFL and players reach tentative deal on new CBA

FOOTBALL The CFL and its players' association have reached a tentative deal on a new collective bargaining agreement, avoiding a potential lockout this season.

The deal still needs to be ratified by the players and the league's board of governors.

The current deal expires at the end of the month. With negotiations not going well, there had been talk in the off-season of a possible lockout.

According to a statement from the CFL yesterday, the new agreement includes a drug testing policy but no details will be released until the deal is ratified.

No other details from the agreement were released in the statement.

"By agreement of the parties, there will be no further comment on any of the terms of the new collective bargaining agreement until the ratification process is complete," the statement said.

The ratification vote will take place prior to the start of the 2010 season on July 1.

Training camps open early next week.

Labour issues are rare in the CFL. In years when the two sides couldn't get a deal done before the expiration of the previous one, they've operated under the terms of the old CBA until a new one was reached.

THE CANADIAN PRESS

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RateSupermarket.ca Canada's rate comparison website

Metro Homes

Reflecting on modern decor

This Reflection Centerpiece makes for zen inspiration indoors or outdoors. The metal watertight tray is the foundation for a reflecting pool with or without rocks, floating candles or blossoms. Crate & Barrel, $169.95, crateandbarrel.com.

JENNIFER BILL/FOR METRO CANADA

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

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Mega **modern**

JENNIFER BILL
for Metro Canada

Simple, balanced, clean, classic, uncluttered.

Modern design, which revolves around simplistic and unique decor that flows easily and orderly from room to room, typically involves these key traits.

Toronto interior designer Renee Shostack says modern design begins with the shell. "If you have a house that has blue carpeting or wallpaper, you are never going to get a modern look," says Shostack, whose company, The Added Touch, specializes in transforming homes into modern Meccas.

Shostack says home owners must begin with paint and floor colours that are consistent throughout.

"You can't change floors — tile here, wood here. You have to have one universal, solid look."

Modern doesn't necessarily mean white floor to ceiling, although all-white art galleries are common, as the perfect background for contemporary art. Limit colours and emphasize white, greys and black — or choose one accent colour and stick to it.

Avoid flowery and wooden designs and stay away from heavy pieces. Seek clean and uncluttered.

"Modern to me is everything in its place," Shostack said. "Even with accessories, there has to be a place for everything. You can't just put things out. There must be the proper contrast colour-wise, shape-wise, placement-wise."

The Chelsea Leather Bed makes a statement of classic modernity, mixed with ample helpings of comfort. The solid frame is covered from head (board) to foot in bycast leather. The padded headboard makes reading or breakfast in bed comfortable. White, brown or black. Urban Barn, Queen $1,199; King $1,399, urbanbarn.com.

The Parker Spirits Cabinet's two bar-top leaves flip open to perch drinks and snacks, while revealing generous bottle storage. Front door drops down to create an open serving area. Crate & Barrel, $329, crateandbarrel.com.

Enhance cocktail hour with the sleek and sculptural Martini Side Table, with a fluid shape and pedestal base. Hollow and lightweight, it is easy to move around, while white and persimmon are powder coated for longevity outdoors. West Elm, $159, westelm.com.

Perfect for reading, watching TV or taking a nap, the Ericson Leather Chaise provides cushioning and reclines too. Top-grain split leather in black with stainless steel legs and German mechanism for back adjustment. Urban Barn, $1,499, urbanbarn.com.

The Meryl Floor Lamp goes over and above modern expectations, suspending a geometric two-tier shade in crisp white cotton blend from a satin nickel-finished arch. A round grey marble base adds a classic touch. Crate & Barrel, $349.95, crateandbarrel.com.

Cool down this summer with the transparent Thilde Coffee Table ($549) and Side Table ($399). Made from tempered glass, their soft lines and cool surfaces are a winning combination of icy minimalism and urban chic. Urban Barn, urbanbarn.com.

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About to sign mortgage but still have questions?

LegalMatters

Jeffrey D. Cowan
jeff@cowanlaw.ca

Q I am in the process of negotiating a mortgage on my new home and I am confused by some of the terms that are being bandied about. Specifically, my broker is questioning whether I want a closed versus an open mortgage and if I want flexible versus a fixed rate. Can you provide some clarity on these terms?

A Let me start by saying that there are tons of very qualified mortgage brokers and banking officers whose job it is to educate their clients about just such terms. That being said, I don't mind clarifying these terms for you as it is vital that you know the difference and are an informed consumer.

Basically, a fixed-rate mortgage is a mortgage that has a stated mortgage rate and based upon the frequency of your payments (monthly, bi-monthly, bi-weekly or weekly) you will know exactly what your mortgage payments are over the term of your mortgage. This allows for greater certainty and you can therefore properly budget your household cash flow.

A variable rate mortgage is a mortgage that is hooked to the prime rate of your financial institution, which in turn is based upon the Bank of Canada's set interest rate. Over the past few years, the bank rate has been historically low in order to promote spending in the economy. As the prime rate moves, so too will your mortgage rate and the payments that you have to make, based again on the frequency of your payments.

Closed mortgages are the norm, being a loan secured against your home for a certain time period. If you want to change to a mortgage company that may be offering a better interest rate before the end of your fixed term, you will generally be subject to a penalty. Before "jumping ship," you should investigate what that penalty might be. In the past, the penalty was usually the amount you would pay in interest to the financial institution over a three-month period.

However, lately mortgage lenders who have clients who want to switch their mortgages are opting for a penalty that is known as the interest rate differential (IRD). This IRD is generally the amount of interest the financial institution would have made if the full term of the mortgage had been paid. This can represent huge sums of money ($20,000 to $30,000 is not unheard of).

Open mortgages are just that. You can pay them off and out at any time with no interest or penalty.

Jeffrey Cowan is the principal with Cowan Taylor and McGee, Barristers & Solicitors. The information in this article should not be relied upon as legal advice.

PHILLIP Van Leeuwen

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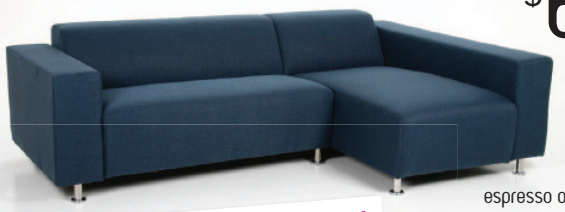

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Decor Moment archives
For all of Metro columnist Karl Lohnes' previous Decor Moment columns check metronews.ca

Host the perfect SATC2 party

Check out our review on page 28

DecorMoment
Karl Lohnes

metronews.ca/decormoment

It is a very exciting night for fashionistas as the movie Sex and the City 2 debuts in North American theaters. My prediction is that the movie will be this summer's biggest style influence for fashion and decor!

The inspiration starts when characters Carrie, Miranda, Samantha and Charlotte head off to Abu Dhabi for some fun and frolicking. The glamorous wardrobe and stylish hotels and restaurants are truly inspiring. I plan on celebrating the debut over the weekend in real SATC style by hosting a party. Are you celebrating? If you're planning a party too, here are a few elements to incorporate:

Dress code: For the ladies it's all about updated 1970s glamour; think wide pants, chiffon blouses and silk bandanas. It's reported that 1.8 million dollars was spent on wardrobing this movie.

I'm betting that wardrobe will be imitated for the hottest summer looks. The Halston-Heritage stretch jersey white cocktail dress ($375) is a must-have if you are hosting a Sex and the City party. Carrie Bradshaw (played by Sarah Jessica Parker) flaunts the dress in the movie and on the movie's poster.

The Halston-Heritage collection is available in Canada only at 18 selected Bay stores.

For male guests, the look is Calvin Klein meets Arabian knight; pale-coloured drawstring linen pants and baggy shirts; a silk or linen scarf, sandals and if daring, a tie-dyed turban and a smear of eyeliner! Your local Le Chateau store will have everything you need to get this look at an affordable price. I suggest buying one size up from what you would normally purchase in clothing; the baggier the clothes the better you will pull off this desert fashion look.

Decor: Think ethnic, exotic and Indian/Moroccan inspired home accessories. The place to go is your local Pier 1 store as their summer selection is ripe for the picking at this time with exotic-inspired merchandise in stock; my favorite is the Pagoda Outdoor Umbrella for $169 (pier1.com). Everything from Moroccan lanterns, bright fabrics and fancy umbrellas in colours of orange, turquoise and green will transform your balcony or deck into an exotic getaway for the party.

Music: The Sex and the City Original Soundtrack is a fantastic lineup of familiar girl-power songs sung by new and established artists. Warn your neighbours about the music as it's a collection of old favorites (like Liza Minnelli singing Beyoncé's Single Ladies) that will make you want to crank up the volume.

This exotic party will be just what I need to get me in the mood to go see this must-see movie.

Karl Lohnes is passionate about good decor and wants to help you have a beautiful home; no matter what your budget or style.

Metro columnist Karl Lohnes writes about everything you'll need for your very own Sex and the City 2 party — poster above.

And for the food...

- Nothing will set a more decadent tone at my party than fruit, chocolate and champagne.
- A simple and fabulous-looking snack is fresh fruit kabobs: chunks of fresh pineapple, kiwi and cantaloupe are marinated in Grand Mariner, then put on skewers and displayed on large platters of shaved ice.
- The Sex in the City chocolate collection from Laura Secord features a variety of truffles.

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Outdoor adventure

HomeScape
Sylvia Putz
metronews.ca/homescape

You've probably dragged your outdoor furniture outside by now, and hopefully, you're sitting on it.

Or are you still wiping off spiderwebs, and trying to scrub off traces of last summer's barbecues?

If so, you may need some pointers on how to look after your outdoor furniture.

Summer care

- Aluminum furniture can get dull, so wash with soap and water.
- To avoid rusty painted metal furniture, which can permanently stain cement, wooden decking and stonework, touch up chips or cracks promptly.
- Cedar or teak contains natural oils which protect the wood from deteriorating in wet conditions. To maintain the golden colour of a "new wood," use a wood protector. If the wood is left untreated, it will turn a well-aged pale silver over time, which can look lovely in the right setting.
- Outdoor cushions should be covered with weather-resistant fabrics, such as woven acrylic, vinyl.
- If you've got loungers with plastic strips, or plastic cushions, a combination of sun, sunscreen, chlorine (if you've got a pool or hot tub), and natural body oils can cause the plastic to deteriorate. Wipe down periodically, and supply towels to act as a barrier.
- Promptly clean spills or bird poop.
- If you notice rusting screws or bolts, remove and replace with galvanized versions.
- Use silicone-based lubricants on wheels and hinges, as oil will attract dirt.
- Most furniture should be washed with soap and water. Take care not to use abrasives with plastic or painted metal furniture.

Outdoor cushions should be covered with weather-resistant fabrics, such as woven acrylic, vinyl or cushions coated with PVC.

The Hard Stuff

Natural wicker, bamboo or wood is beautiful but requires a little extra care.

- Remove winter dust and dirt by wiping with a cloth moistened with water and soap. Wipe it down again with plain water. Do not soak.
- Let it dry thoroughly before using or storing it.
- If your wicker has a layer of shellac or varnish, you may reapply it, or you may use lemon oil furniture polish on unfinished wicker.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show Arresting Design; sputz@arrestingdesign.com.

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Marble coming back in a big way

According to design experts, most yuppie trendsetters these days are not remodelling their bathrooms on the basis of resale value.

The new attitude seems to be "why relocate when you can renovate." This trend, as a result, has sparked a new movement towards personalized luxurious and sensuous bathroom spaces.

In these uncertain economic times, families are choosing to travel less and spend more time at home, according to Nancy Soccio, designer of Dolce Design in Montreal.

"The trend is towards recreating that spa-like experience they had when they travelled abroad in the form of a chic, zen-like ambiance for their new bathroom home spa."

In response to this new reality, home renovators are now gravitating towards luxurious surround enclosure multi-body-spray and steam shower units and therapeutic air jet baths. Soccio said consumers are choosing stone floor tiles and other natural, luxurious design materials to realize this trend.

"Opulence in the bathroom is the new fashion, as polished nickel chrome, cut crystal and a return to sophisticated new generation marble is creating a visual awakening that's fueling the movement."

NEWS CANADA PHOTO

Discerning consumers have been incorporating marble into their new customized palatial bathrooms, adding a desired sense of luxury to their well-decorated spa spaces.

How can marble return when this timeless, luxurious surface didn't really go anywhere?

Designers mention that regular "first generation" marble tile was receiving less attention in new decors than in the past due to its limitations as an inherently heavy, fragile option and the perception that is was passé among trendsetting homeowners.

Toronto-based designer Andrew Pike of Andrew Pike Interiors explained that "some clients shied away from using marble in the past due to the fear of breakage and waste during installation or having to replace pieces that become weak or crack over time."

However, a new generation marble tile has been developed, called Accolade Premium RF, and it is receiving praise from designers, architects and tile setters as the ultimate durable solution to marble tile.

Using the same innovative concepts that have brought engineered hardwood floors to the forefront, these tiles feature a wide range of marble meticulously selected from exotic quarries, bonded to high quality porcelain for significantly superior strength, and precision engineered to meet the most demanding specifications.

Most importantly, this innovative technology also allows these beautiful marbles to be bonded to honeycomb aluminum for large wall panel applications, a first in the industry.

"It's very exciting to finally be able to use marble on vertical surfaces with confidence, with the help of the aluminum backing," Pike said. "Now large installations have less wastage, and install easily. Accolade opens a whole new range of possibilities for designers and architects."

"It's so easy to install it's quickly becoming the preferred choice of tile setters and luxury hotels across the country," said Mark Hanna, President of Leeza Distribution Inc., (leezadistribution.com) one of North America's leading distributors of premium surfaces, including the new Accolade Premium RF Collection.

NEWS CANADA

Quick tips for a laundry room makeover

HOME RENO Gone are the days when the laundry room was tucked in a dark, dusty corner of the basement. Today's busy families are creating functional, beautiful utility rooms that make doing chores like folding and ironing clothes enjoyable and even relaxing. But if you're thinking about redoing your space, where do you start? Delta Faucet offers the following tips to help you create a laundry room you'll relish spending time in.

Think colour

Traditional laundry rooms had bland, white walls and no personality. But how much more relaxing would ironing countless shirts be if the space was serene and inspiring? Patterned wallpaper can hide imperfections and add a bundle of personality. Tiles are ideal for a laundry room — think wet, dirty clothes on the floor — but don't be afraid to choose something bright and make the floor a focal point. A mosaic tile floor? Why not?

Function is fabulous

Make the most out of your laundry room by building in a work space. Place a countertop over front-loading appliances to make the perfect folding station. Open shelving to house your detergent keeps them close by. Why not add a touch of elegance by storing your most-used items in glass jars, ceramic canisters or baskets?

NEWS CANADA

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Create an outdoor oasis

Now that warmer weather is here, it's time to transform your outdoor space into a five-star oasis. Try these quick and easy do-it-yourself projects that will have a big impact without breaking the bank.

NEWS CANADA PHOTO

South Beach colours are in this year for your backyard patio.

Just Like New, Just Like That

One of the easiest things to do to instantly improve your entertaining space is to spruce up your patio furniture with a fresh new look. Try a paint like Rust-Oleum's Painter's Touch. It works on wicker, metal or wood and comes in a variety of colours. Be daring and create a South Beach style with bright colours like berry pink and Caribbean blue or go for Hamptons chic with winter grey.

Pretty up pathways

Another trick that people often forget is changing the colour or texture of their stairs and pathways. Liven up existing outdoor stone or concrete walkways with a simple coating of concrete stain or by applying some texture with a Stoneffects finish. All it takes is a small change like this to make a big difference on the look of your backyard.

Containers, pots and urns

Pots come in all sorts of sizes and can be an easy way to spruce up an outdoor space. Revitalize your plant containers with fun colours that can be changed year after year. Use a no-fuss spray paint like Universal in two or three complimentary colours to add instant style to your garden.

Turn your barbecue into hot stuff

And finally, if you've got a tired looking barbecue, cover up rust spots or chipped paint with a high heat spray paint in a classic black or add some style with a copper finish.

NEWS CANADA

This summer, treat dad to a garage makeover

GARAGE Father's Day is almost here and it's time to celebrate all the dads out there by sprucing up dad's domain — the garage. So this year, give dad the gift of a garage makeover. Not only will dad love having an enviable garage, mom will appreciate having everything in its proper place.

A recent survey done by Gladiator GarageWorks found that most Canadian women would like to have a garage that was an "organized oasis" (59 per cent), whereas men's visions of a dream garage are more diverse: "organized oasis" (33 per cent), "wicked workshop" (27 per cent) and "auto shop garage" (22 per cent).

Here are a few tips and ideas to get you started on your dream garage:

- **A family project:** This is a great gift for dad, but it's also a great way to spend time together as a family, and let everyone have input. To make dad feel special, give him a chair, a favourite beverage and let him sit back, relax and supervise.
- **Purge:** De-cluttering the garage is an important first step. You need to know what's essential and what has just piled up that should be donated, sold or thrown away. What items do you use the most? The least? Grouping by seasons, frequency of use and/or by activity will help create order and make it easy to access what you're looking for quickly.
- **Everything in its place:** To help with storage, consider a modular system like Gladiator GarageWorks, which can be customized and adjusted easily as your family's needs and interests change over time. Use bins, hooks and cabinets to create place for everything from golf clubs to cleaning supplies to dad's prized tool kit. A handy garage blueprint estimator to get you started is available online at gladiatorgarageworks.com.
- **Sky's the limit:** If you think you're short on space just look up. There's lots of room above eye level for shelves and hooks to maximize your storage options.

This thoughtful project will make dad smile from ear to ear, and best of all it's something the family can do together on a warm spring day.

NEWS CANADA

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Chevrolet Aveo LS Sport with 1LF, MSRP with freight, PDI & fees, $16,659. †Subject to Vehicle Redemption Allowances. Visit thegmcard.ca for more details including terms and conditions that apply to The GM Card Earnings and Redemption Program. The Toronto-Dominion Bank and its subsidiaries are not responsible for the GM Card Earnings and Redemption Program. ‡‡GM Card Earnings and Redemption Program: $1,500 maximum redemption allowance on 2010 Chevrolet Malibu LS R7C/Cobalt XFE Coupe or Sedan R7C/Aveo 5-door LS R7C/Impala LS R7C). $700 maximum redemption allowance on 2010 Chevrolet Aveo 1LF. $2,000 maximum redemption allowance on 2010 Chevrolet Impala LS R7C). 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Shoe discounts this weekend

Newly launched online shoe boutique Scarpasa is offering 25 per cent off all its merchandise starting today until Monday. To receive the discount, simply enter the code "memday10" at the checkout. METRO NEWS SERVICES

Style

Luck be a lady

Inspired by her work on the Sex and the City 2 movie, costume designer Patricia Field — a longtime Payless Shoe Source partner — has designed a sparkly four leaf clover necklace for the North American shoe and accessories retail chain. The charm hangs from a delicate 18-inch chain and retails at $16.99 at stores across the country while supplies last. The necklace is the first of additional charmed items to come from the Patricia Field-Payless collaboration.

METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Music fest gear

Outdoor concerts demand a fun & cool wardrobe

TREND Whether you're going to rock out to your local park's music lineup or travel all the way to Glastonbury, you will need to dress the part.

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METRO NEWS SERVICE

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Fringe dress, $30, hm.com

Tribal bangles, $12, Smart Set

Festival Wellington boots, $225, hunter-boots.com

Aztec python bag, $1,895, marcjacobs.com

Jacket, $88, Jacob

Flamingo braided sandals, $30, asos.com

For the guys...

Patchwork denim shorts, $25, hm.com

Vintage style leather Harper belt, braveleather.com

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Juicy opens its Canadian doors
Juicy Couture made its much-anticipated entrance into Canada by opening the brand's first freestanding store location at Yorkdale Shopping Centre in Toronto, last week. The boutique is 2,100 square feet in size. METRO NEWS SERVICES

The long and *short* of it

Guys: Go for colour and patterns down below this summer

RICK MCGINNIS
for Metro Canada

Before you can talk about what kind of shorts look good on a man, it helps to clear the air by hearing from women what sort of calf-revealing summer trousers might act as an effective female repellent.

Afya Francisco is a professional stylist and creative director at The Style House, and has firm opinions on men's fashion failures. "You can never say never because these things have a way of cycling around again, but when younger guys were wearing their shorts halfway down their bums, that did nothing for anybody, so we don't want to go there again."

Francisco is quick to evoke memories of the late '70s for other shorts flops: "Mini shorts and cutoff denim — two things that should never enter a man's vocabulary." Crystal Hartman, a marketing specialist at Mark's Work Wearhouse is quick to concur. "The cutoff denims I would have to say are a no-no that I'd like to see not come back."

Thankfully, trends in men's shorts this year are more restrained, though hardly lacking colour. Both Francisco and Hartman note that checks and gingham, in particular, are big, and Francisco gives credit to Ralph Lauren, whose gingham short is currently available at high end retailers like Holt Renfrew.

Hartman is also seeing gingham, along with plaids and herringbones — "The gingham print is really big. A lot of it right now is about colours and patterns." And since shorts are the only garment where hemlines matter for men, she says that 11 inches, just above the knee, is the standard for versatile, even dressy shorts for men, with hiking shorts running an inch or two higher, and baggy, beach-friendly board shorts running longer — almost 10 whole inches longer.

With an unseasonably warm spring, interest in shorts is apparently peaking early this year, in tandem with a longing for better weather. "As soon as it does get nice, after people stop hibernating, you see a big explosion in shorts," says Hartman. "People are just happy to have some nice weather."

While Canada isn't Bermuda, the dress short is making some traction here, paired with blazers and, says Francisco, in fabrics like linen, which are both dressy and seasonally appropriate. Since shorts draw attention to socks and shoes, she says that men have to pay attention to what they put on their feet. "A great boat shoe is still casual, actually, but it is a little more updated Americana — that's a great look with a short."

As for socks, if you must wear them, Francisco is adamant that you keep your white cotton gym socks in the drawer. "I would stick with dress socks if you have to wear socks at all."

Red Chaps short, $60, The Bay

Walking shorts, $69, quagmiregolf.com

Lost fans tune in

Canadian fans of the program Lost were out in full force on Sunday, glued to their television screens as the epic series came to a sensational close. CTV reports that the two-hour retrospective that preceded the Lost finale drew an audience of 1.5 million viewer. THE ASSOCIATED PRESS

Entertainment

Pen pals

Sarah Palin is complaining about her new neighbour — a writer penning a book about her. Author Joe McGinniss moved into the house next to Palin's home in Wasilla, Alaska. THE ASSOCIATED PRESS

EDITOR: DEAN.LISK@METRONEWS.CA

Sex sequel a bloated affair

Sex and the City 2

Director: Michael Patrick King
Stars: Sarah Jessica Parker, Kim Cattrall
Classification: 18A
Rating: ⊕⊕½

STEVE GOW
for Metro Canada

Although Sex and the City 2 will surely draw a comparative sum to its highly successful big-screen predecessor, someone should've thrown an "interfriendsion" for this TV hit-turned-film franchise.

At over 140 minutes, this bloated, self-indulgent flick may fulfill a few fantasies but as a film, it's uninspired.

Set two years after Carrie's (Sarah Jessica Parker) marriage in the first film, the Manhattan-based novelist becomes disillusioned by the fact Big (Chris Noth) is settling into domestic life. How fortunate then that she and the girls are invited by perpetual floozy Samantha (Kim Cattrall) on a trip to Abu Dhabi to reflect on their respective crises through cocktails, shopping and occasionally offending the locals with unwelcome acts of sexual freedom.

Carrie and co. return in Sex and the City 2.

Filmmaker Michael Patrick King may be trying to send a message, and indeed Samantha publicly latching onto a dude's crotch at the hotel pool exhibits sexual liberation, but the free-thinking-American-in-Abu-Dhabi schtick ends up more arrogant than enlightening.

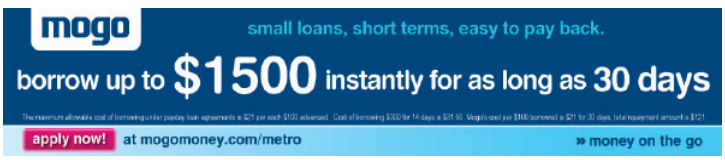
Nevertheless, this sequel isn't just about cultural disparity. King shovels a slew of double entendres that will sneak giggles from most female fans.

But his script is too lean where it works best: When characters are paired off in vulnerable conversation about the hardships of motherhood or marriage and not when they're busy asking the hotelier if a visiting soccer team "brought their balls."

Still, fans will get what they likely crave — a flashy gay wedding, the return of an ex-boyfriend and Liza Minnelli singing a rendition of Beyoncé's Single Ladies that almost made me nostalgic for Alvin and the Chipmunks: The Squeakquel. Almost.

Sex and the City 2 screen times today

- **Coliseum Ottawa:** 3:45-6:15-7:10-9:45-10:30
- **Empire 7:** No Passes 3:15-4:05-6:30-7:55-9:45
- **South Keys:** No Passes 11-1-3:15-4:30-6:45-8-10:10
- **Starcite Hull:** No Passes 11:30-2:45-6:45-9:55
- **Barrhaven:** 5:30-8:50
- **Gloucester Silvercity:** No Passes 12:30-1-3:45-4:20-7:10-7:50-10:30-11
- **Empire Theatres Orleans:** No Passes 3-3:45-6:20-6:30-9:15-9:45
- **Kanata 24:** 1-2-3-4:15-5:15-7-7:30-8:30-10:15-10:45



OT	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
5/27/10 primetime	265	353	2	TVO	Super Structures		The Agenda With Steve Paikin		East West 101		The Women of Sanne		Agenda-Paikin
	211	331	3	GTV	Entertainment	ET Canada	Bones Block party.		The Office	'Til Death	90210		News Hour
	-	-	5	SRC	Squelettes	Gars, fille	Perdus (HDTV) (SC)		Bons baisers de France (SC)		Le Téléjournal Nouvelles. (SC)		La Zone (SC)
	209	342	6	CHRO	Degrassi: Next	TMZ (N)	FlashForward (N)		Law & Order: SVU		Grey's Anatomy (HDTV)		Comedy Now!
	196	311	7	CTV	etalk	Access H.	So You Think You Can Dance Auditions begin. (N)				The Mentalist (HDTV)		CTV News
	208	303	8	CBC	22 Minutes	Laughs	NHL Hockey San Jose Sharks at Chicago Blackhawks. (HDTV) (Live)					CBC News: The National	
	-	360	9	NBC	Wheel Fortune	Jeopardy! (N)	*Hard Promises* ★★ (1991, Drama) Sissy Spacek.				100 Questions	Parks/Recreat	News
	117	713	10	TVA	Marché	Histoires/filles	*La Fille du New Jersey* ★★ (2004, Com. Sentimentale)				TVA nouvelles	Sucré-salé	*Moments*
	-	-	11	QS	Oncle Charlie	La Maison de	*Vague meurtrière* (2007, Suspense) Angus Macfadyen.				L'Attaque à 5 (N)		Drôle et sexy
	137	763	12	TFO	Panorama		La Grande soif	Volt	(9:01) *Milou en mai* ★★★ (1990, Com. dramatique)				Vu du large
	-	362	13	CBS	The Insider (N)	Judge-Brown	How I Met	Engagement	CSI: Crime Scene Investigat'n		The Mentalist (HDTV)		Two/Half Men
	216	395	14	OMN2	Family Guy	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	King	Cold Case
	214	344	15	CITY	Law & Order: SVU		Community	100 Questions	Enthusiasm	30 Rock	How I Met	Enthusiasm	News
	115	343	16	CFMT	Two/Half Men	The Office	Omni News: Italian Edition (N)		Vivere V	Omni News:	Law & Order: Criminal Intent		Metropia
	218	345	18	CHCH	*Cats & Dogs* ★★ (2001, Comedy) Jeff Goldblum.				*Death and the Maiden* ★★★ (1994, Drama), Ben Kingsley				News at 11 (N)
	-	361	20	ABC	Action News	Entertainment	FlashForward (N)		Hollywood Salutes		Grey's Anatomy (HDTV)		News
	512	396	24	CPAC	La Période de questions		Heure polit.	L'Heure politique				Revue	Période-quest.
	651	355	25	CTS	Little House on the Prairie		Dr. Quinn, Medicine Woman		100 Huntley Street		Life Today	This Is Day	John Hagee
	-	365	36	FOX	TMZ (N)	Seinfeld	So You Think You Can Dance Auditions begin. (N)				FOX 2 News (N)		News
	-	-	64	PBS	Business Rpt.	Winemakers	Manor Born	Time Goes By	Masterpiece Classic "Little Dorrit"			Fathers Return	Charlie Rose
	205	312	104	CTV	etalk	Access H.	So You Think You Can Dance Auditions begin. (N)				The Mentalist (HDTV)		CTV News
news	502	390	26	NW	The Lang & O'Leary Exchange		Connect with Mark Kelley		CBC News: The National		CBC News: The National		National
	500	500	33	CNN	John King, USA (N)		Campbell Brown (N)		Larry King Live (N)		Anderson Cooper 360 (HDTV) (N)		
sports	406	417	27	net	Saturday Night Poker		MLB Baseball New York Yankees at Minnesota Twins. From Target Field in Minneapolis.						Prime Time
	126	730	28	RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal
	400	280	30	TSN	That's Hockey! Playoff Edition		North American Poker Tour		NBA Basketball Phoenix Suns at Los Angeles Lakers. (HDTV) (Live)				
	410	403	52	SCR	Score Today				Score Now		Score Now		Score Now
	411	457	56	OLN	Ghost Hunters		Destination Truth		Operate-Repo	Operate-Repo	Ghost Hunters		Destin. Truth
	417	406	59	SC	NASCAR Racing Sprint Cup: Coca-Cola 600, Qualifying. (HDTV) (Live)					NASCAR Hall of Fame (HDTV)			
family	554	544	48	TEL	Spliced	Total Drama	Stoked (N)	6TEEN	Futurama	King of the Hill	*Futurama: Into the Wild Green Yonder* (2009)		
	557	540	51	FAM	Sonny Chance	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School	Cory, House	That's-Raven
	551	542	65	YTV	That's-Weird	Family Biz	Ruby/Rockits	Hates Chris	8 Simple Rules	Family Biz	To Be Indie	Family Biz	Prank Patrol
cable variety	570	580	29	MM	The Daily Fix		Ranked!		mmtop10.ca		Ringo Starr: Off the Record		The O.C.
	615	520	31	A&E	The First 48 (HDTV)		The First 48 (HDTV)		The First 48 (HDTV) (N)		The First 48 (HDTV)		Fugitive Chron.
	628	584	32	SPKE	The Ultimate Fighter (HDTV)		The Ultimate Fighter (HDTV)		TNA Wrestling (HDTV) (N)				Jail (N)
	521	560	34	TLC	Police Women of Broward		Police Women of Broward		Police Women of Memphis (N)		Mall Cops	Mall Cops	Police Women
	145	761	35	TV5	Horizons (SC)		Envoyé spécial			Geopolitis	Dieu a-t-il quitté l'Afrique?		TV5 Le Journal
	616	521	39	SHO	Relic Hunter		*A Valentine Carol* (2007, Romance) Emma Caulfield.				NCIS "Untouchable"		NCIS
	620	523	40	BVO	Storytellers	Snapshot	Innovators	Writers	*Julie Walking Home* ★★ (2002, Drama) Miranda Otto.				Law & Order
	520	505	42	DIS	Daily Planet (N)		Iceland Volcano Eruption (N)		Monster Quake:Survive?		MythBusters		Daily Planet
	575	583	43	CMT	Amer. Funniest Home Videos		Reba	Reba	According-Jim	According-Jim	Home Improve.	Home Improve.	UnStable
	601	562	45	SLC	Rich Bride Poor Bride		Bootcamp	Last 10	10 Pounds	Last 10	X-Weighted "Jade"		ET Canada
	625	548	46	COM	Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Martin	Martin	Daily Show
	294	529	47	TBS	Family Guy	Family Guy	House-Payne	House-Payne	Law & Order: SVU		Seinfeld	Seinfeld	*Playing God*
	600	564	49	H&G	House Hunters	Property Virgin	Holmes Inspection		House-Bryan	Real Renos	House Hunters	House Hunters	Holmes
	627	528	50	SPC	Stargate Atlantis (DVS)		Comic-Con		Lost "The End" (HDTV) The series concludes. (Series Finale) (N)				Lost
	581	566	53	MTV	Cribs	Cribs	Cribs	Movie Night	The Challenge: Fresh Meat II		Ult. Parkour	Ult. Parkour	MTV Live
	618	524	54	TROP	Reality	What Happen?	Family Guy	Family Guy	Seinfeld	Seinfeld	'70s Show	King	Comeback
	522	506	55	HIS	Ice Road Truckers (HDTV)		Hitler's Stealth Fighter		Ax Men (HDTV)		Ancient Discoveries		Re-Inventors
	129	773	60	CD	Légendes urbaines		Enfants médiums		Destr Expr	Destr Expr	Eaux troubles du crime		Dévoré vivant
	261	394	61	V	Murder, She Wrote		On the Buses	The Good Life	*Robin and the Seven Hoods* ★★★ (1964, Musical Comedy), Dean Martin				
	602	567	62	W	Supernanny		Sex and-City	Love It-List It	Confidential	Confidential	Divine Design	House-Sell	Love It-List It
	269	350	70	APTN	Wapos Bay	By the Rapids	Call of the Wild		*Under Siege* ★★★ (1992, Action) Steven Seagal, Gary Busey.				By the Rapids
	621	527	71	TLK	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ
	603	561	95	FN	Ricardo	Chuck-Day Off	HEAT, McEwan	At the Table	Ultimate Recipe Showdown		Ace of Cakes	Ace of Cakes	Bitchin

critics'corner

Julie Walking Home

Miranda Otto rises above a weak script to shine in this 2002 drama as a Canadian wife and mother who's dealt a double blow: Her husband (William Fichtner) is cheating, and her son (Ryan Smith) has cancer. She goes abroad to consult a faith healer (Lothaire Bluteau) recommended by her father's fiancee. His powers appear to work on the boy, but things go downhill after he and Julie become lovers. 9 PM on 40 BVO

Robin and the Seven Hoods

Memorable musical numbers punctuate this 1964 retelling of the Robin Hood legend set in Prohibition-era Chicago and starring members of the Rat Pack. Frank Sinatra plays a mobster who's given $50,000 by the daughter of a slain rival (Edward G. Robinson) to avenge her father's murder. Not wanting to get involved, he gives the money to an orphanage and becomes a hero. Dean Martin, Sammy Davis Jr., Bing Crosby and Peter Falk also star. 9 PM on 61 V

AlbumReviews

music@metronews.ca

Stone Temple Pilots

Album: Stone Temple Pilots
Label: Atlantic/Warner
Rating: ⊕⊕

A LOT HAS happened in the nine years since Stone Temple Pilots's last record was released. There have been new bands, feuds and stints in drug rehab, but somehow Scott Weiland and the DeLeo brothers have put that behind them to release a new STP record. If only they had stayed separated. This disc is mostly made up of — not surprisingly — bland '90s-era rock. Weiland unfortunately channels Dylan on Between the Lines, while other songs, including Huckleberry. Crumble, dabble in bar band blues. There are some meaty riffs and they do sound like a cohesive group that's having fun, but this is a long way off from the foursome's Vasoline days.

Bryan Borzykowski/for Metro Canada

Janelle Monae

Album: The ArchAndroid
Label: Warner
Rating: ⊕⊕⊕⊕

THE PREMISE IS kind of silly, but, at times, the music is ultra cool. The ArchAndroid is a continuation of the sci-fi hip-hopera Janelle Monae introduced with her debut LP Metropolis. It's hard to imagine that anyone actually buys this stuff in order to follow the latest chapter in Metropolis' fight for freedom from the evil Great Divide. On the other hand, you may be interested in finding out what Outkast's Big Boi has been doing lately. He's featured on Tightrope, the very fine first single off this intriguing record. There's a wonderfully organic voodoo-jazz thing running throughout that keeps The ArchAndroid's futuristic themes firmly grounded in the culture of '50s America.

Graham Rockingham/for Metro Canada

Be sure to eat your veggies
Attend the Ottawa Veg Fest this Sunday at the Glebe Community Centre from 10 a.m. to 5 p.m. Free. ncva.ca/Home/ottawa-veg-fest-10. SHARI GOODMAN/FOR METRO OTTAWA

Urban Foodie

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SHARI GOODMAN
OttawaUrbanFoodie@gmail.com

Atelier
540 Rochester St.
(613) 321-3537

Rating: ●●●●●
12-Course Tasting Menu:
$88 a person

SHARI GOODMAN/FOR METRO OTTAWA
Taste 10: Spring Fever.

In a cozy, pristinely decorated restaurant, Atelier's kitchen has been fashioned into a lab where molecular gastronomy is applied to classic French techniques. It is fashioned on a restaurant in Chicago's Alinea where Chef Mark Lepine worked briefly before launching his tasting menu.

In this 20-seat restaurant, ingredients are paired with science to deliver a piece of art that plays with your senses. According to Steve, our informative waiter, Atelier goes through more liquid nitrogen per week than the city's medical labs. And although it requires a small fortune to enjoy the 12-course tasting menu, it's something to try on special occasions.

Their set menu relies on local and seasonal ingredients and whatever experiments the three-person kitchen team has been playing around with. On this spring night, our meal included Corona-flavoured ice cream dredged with crushed pretzels, pickled pine sprigs balanced on fresh salmon, powdered butter, bacon tapioca alongside sous vide bison, caramelized onion paper and a sliver of black truffle garnishing local morels, elk heart tartare, and a smoking cinnamon stick that provided a scent with seared pork belly. Every item was explained expertly by the wait staff and all were surprising and delightful.

Atelier is a destination where you can explore new tastes and be enchanted by the creativity and innovation of a team that is bringing the science lab and artist's studio into the kitchen.

On the web

- Get recipes and more great food content at metronews.ca/recipes.

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe of Creme Caramel.

Dining out

FINE DINING Located in the Hotel Hilton Lac Leamy, Arôme is a fine dining restaurant that serves premium-grade meats and seafood. Their cellar stocks over 1,200 bottles of fine wine. 3 Blvd. Du Casino, Gatineau, (819) 790-6410.

TEA TIME The Tea Party offers over 80 different teas and serves high tea daily. Every second and fourth Tuesday of the month, they have an evening of storytelling and tea. 119 York St. (613) 562-0352. SHARI GOODMAN/FOR METRO OTTAWA

In brief

WHISKY Learn about single-malt Scotch at a tasting with Carol Anderson of GrapeScot tonight at DiVino Wine Studio starting at 7 p.m. $85/person. divinowinestudio.com
SHARI GOODMAN/FOR METRO OTTAWA

Rice Dumpling DIY
Prepare List
▲ Bamboo Leaves ▲ Rice dumpling String
▲ Glutinous rice ▲ Pork belly
▲ Mushrooms ▲ Peanut
▲ Green Bean (unshelled) ▲ Salted egg yolk
You can buy all the ingredients at T&T Supermarket!
Preparation
▲ Soak the Bamboo leaves for 12 hours in advance or soften the leaves with boiling water ▲ Soak the glutinous rice for 3 to 4 hours
▲ Soak the beans (if you add this ingredient) ▲ Marinate the meat (if you add this ingredient)
1.Stack 2 bamboo leaves & cut the front and end stems, fold the leaves to funnel-shape
2. Stuff in the glutinous rice
3. Stuff in the ingredients
4. Cover the ingredients with glutinous rice
5.Wrap the whole rice dumpling w/ bamboo leaves, then wrap the excess leave into the 4 corners of the rice dumpling
6.Tie the bundle with the rice dumpling string. Place the rice dumplings into the cooking pot with boiling water, make sure the water covers the rice dumplings, summer for 1.5 to 2 hours.
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Traditional Flavours
Taiwanese Egg Yolk & Pork Rice Dumpling
An all time favourite item. The glutinous rice fillings are stir fried with deep fried shallot and stuffed with pork, egg yolk and mushrooms. A signature item from T&T Gourmet.
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2/ $2.69
Creative Flavours
Chocolate & Nuts Rice Dumpling
With chocolate and nuts (Macadamia nuts, cashews and almonds) mixed with glutinous rice, this dumpling is something innovative and delicious!
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Ice Crystal Dumpling
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• Offers valid while stock lasts
• T&T reserves the right to limit quantities

Fox to be a pirate?

With the Transformers franchise officially behind her, Megan Fox is looking for a new gig, and word is she has her sights set on the next Pirates of the Caribbean film, according to the Daily Mirror. METRO NEWS SERVICES

Celebrity Buzz

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On the couch again

SUPPOSE THAT'S BETTER THAN BEING ON THE LEDGE Tom Cruise is finally opening up about his infamous couch-jumping incident on Oprah Winfrey's talk show five years ago.

"What happened, happened. I wanted the audience to be happy just like I wanted to make my sisters and my mother happy when I did those skits as a kid," Cruise tells Esquire.

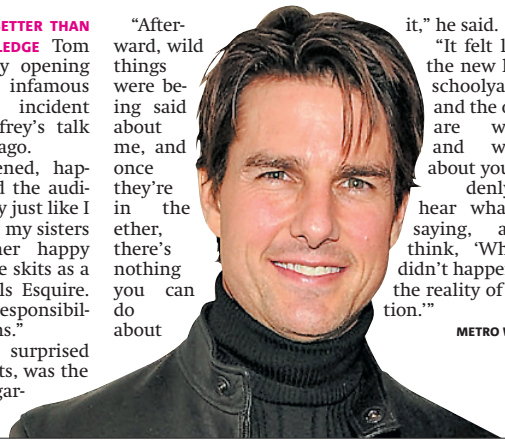
"But I'll take responsibility for my actions."

What really surprised Cruise, he admits, was the reactions it garnered.

"Afterward, wild things were being said about me, and once they're in the ether, there's nothing you can do about it," he said.

"It felt like being the new kid in the schoolyard again and the other kids are whispering and whispering about you and suddenly you hear what they're saying, and you think, 'What? That didn't happen. Look at the reality of the situation.'"

METRO WORLD NEWS



Perry pair the next Brangelina?

THE REAL QUESTION IS WHEN WILL COMBINING CELEB NAMES JUMP THE SHARK? Katy Perry is so satisfied with her relationship with Russell Brand that she can't help associating herself with some famous company.

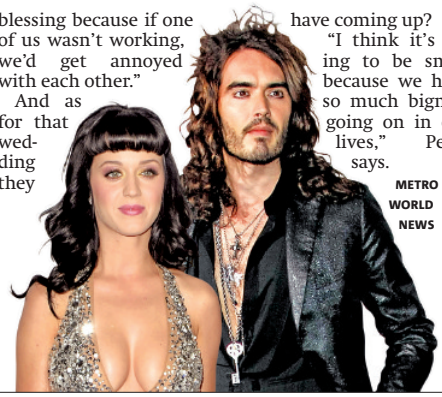
"I do feel like the new Brangelina, with his movie coming out on Tuesday, Get Him to the Greek," she tells Ryan Seacrest, comparing them to Brad Pitt and Angelina Jolie.

"Everything is happening at the same time, which is somewhat of a blessing because if one of us wasn't working, we'd get annoyed with each other."

And as for that wedding they have coming up?

"I think it's going to be small because we have so much bigness going on in our lives," Perry says.

METRO WORLD NEWS



No sense crying over spilt milk

HOW ABOUT CRYING OVER FLOUNDERING CAREERS? There's officially no more milkshake in Nas and Kelis' marriage.

Court filings show a judge on Friday dissolved the union between singer Kelis Rogers and rapper Nas, whose full name is Nasir Jones.

No other details were revealed.

Rogers, best known for her feisty tune Milkshake, filed for divorce last May, citing "irreconcilable differences."

Jones, considered one of rap's most popular artists, just released a collaborative album with reggae's Damian Marley.

Documents show the couple married in July 2003. Jones was ordered in December to pay more than $51,000 a month to Rogers and their infant son. Calls to Jones' attorney were not immediately returned. The office for Rogers' attorney said she declined to comment.

THE ASSOCIATED PRESS

Follow these celebrities on Twitter...

CelebTweets

BRITNEY SPEARS finds new ways to entertain her kids, **CONAN O'BRIEN** is in vaunted company, **KELLY OSBOURNE** has trouble getting out of the house, and **ASHTON KUTCHER** is curious about linguistics.

@britneyspears I love to take my boys on car drives, and sing songs to them about Mary Poppins that I make up.

@ConanOBrien Today I got my 1,000,000th Twitter follower! I am now in the realm of Gods like Ashton, Bieber, Mariah, and updates on new Dell products.

@MissKellyO I'm late for the gym because I got in the car then realized I forgot to brush my teeth :(that's the worst!

@aplusk Do people Use the f word as nouns verbs and adjectives in other languages?

METRO NEWS SERVICES

Parker likes her marriage private

SO DO WE Sarah Jessica Parker insists the key to a successful marriage is secrecy.

"I like having some mystery in our relationship. I like not knowing everything about my husband," she tells Parade magazine. "I think people should have things that are theirs, things that are the unknown to someone else. I think it's good to have some privacy and some secrets in our lives.

METRO WORLD NEWS

Ottawa Festival of Aboriginal Culture
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Ottawa Municipal Campground, 411 Corkstown Road, Nepean, Ontario
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TWN incorporates MSC data

Today Variable 26°/ 12°
Friday Mainly sunny 24° / 14°
Saturday Showers 26°/ 15°

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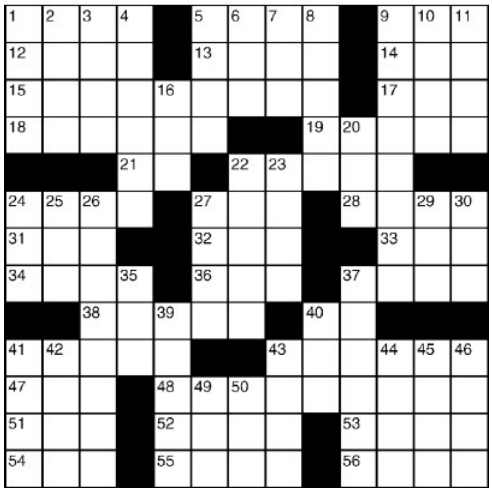
For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



ACROSS

1 Fusses
5 Thick slice
9 Do some lawn-work
12 Former frosh
13 Head light?
14 Mimic
15 Longtime partner of Mike Nichols
17 "Uh-huh"
18 In cahoots
19 Minimum
21 Infinitive part
22 Shorthand developer
24 Staffer
27 "Chances —"
28 Nonsense
31 Miss Piggy's pronoun
32 Has the skill
33 Corn spike
34 Shove
36 Cambridge sch.
37 Pound of verse
38 "Psycho" setting
40 Firefighter's need
41 Old saying
43 Wool provider
47 Trigger's passenger
48 Pilgrims' ship
51 Lamb's dam
52 Docking site
53 Bag
54 Moreover
55 Approximately
56 "— Wide Shut"

DOWN

1 On the briny
2 Barbie, e.g.
3 October stone
4 Certain Muslim
5 Molt
6 Felon's flight
7 Chicken — king
8 Peter of "Young Frankenstein"
9 Puerto Rican port city
10 Piece of work
11 Cried
16 Opposite of paleo-
20 Early bird?
22 "The Da Vinci Code" topic
23 Landlord's due
24 Pump up the volume
25 Debtor's letters
26 Robbed of resolution
27 Wile E.'s supplier
29 Distant
30 Monk's address
35 Glutton
37 Show
39 Beat
40 Every crumb
41 Neighborhood
42 This way
43 Roundish do
44 Vacationing
45 R&B singer Winans
46 Crude craft
49 Melody
50 "Of course"

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

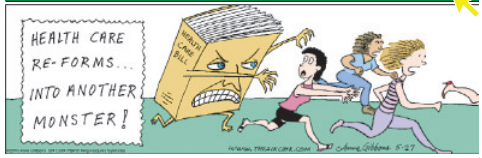
	1		8		9			7
				6		4		8
				5		3	2	
	4						8	5
			3		8			
8	7						1	
	6	7		1				
3		9		4				
1			9		2		3	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

5	7	6	4	3	9	2	8	1
3	1	8	2	6	5	7	4	9
2	4	9	7	8	1	6	5	3
9	2	5	3	1	4	8	7	6
4	3	7	6	2	8	1	9	5
8	6	1	5	9	7	3	2	4
6	9	2	8	4	3	5	1	7
7	8	4	1	5	6	9	3	2
1	5	3	9	7	2	4	6	8

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Quick Fish Tacos

Recipe submitted by Paula Bowman
Photo: Carlo Mendoza

PREP TIME: 10 MINUTES
COOK TIME: 10 MINUTES

INGREDIENTS:

1 tbsp olive oil, plus more for greasing sheet pan
1/2 white onion, very thinly sliced
2 cups ice water
1 tbsp lime juice
1 tbsp finely chopped jalapeno pepper
1/4 tsp ground cumin
1 1/4 lb tilapia fillets, or other firm white fish (e.g. haddock, mahi mahi or bass)|
8 (6-inch) whole-wheat or corn tortillas
2 cups finely shredded red cabbage
1 cup deli fresh store-bought salsa, drained
1/2 cup fresh cilantro leaves for garnish, optional

METHOD:

1. Preheat broiler to high. Line a rimmed sheet pan with tinfoil, lightly grease with olive oil and set aside. Stack tortillas and wrap in tinfoil, set aside. Place onion slices in ice water for 10 minutes, drain well and set aside.
2. Place wrapped tortillas on bottom rack of oven for 10-15 minutes until warmed through.
3. Meanwhile, in a small bowl, combine lime juice, olive oil, jalapeno and cumin and stir. Arrange tilapia on prepared sheet pan and brush tops of fillets with jalapeno mixture. Broil fish 3 to 4-inches from heat until just cooked through, about 7 - 10 minutes. Break fish into large chunks and transfer to serving plate.
4. To assemble tacos, fill tortillas with fish, onions, cabbage, salsa, drizzle with lime sour cream and garnish with cilantro, if desired.

SERVES 4

• *Serve this recipe with Lime Sour Cream and Guacamole. Find the recipes at 20minutesupperclub.com/metro.*

20 minute SUPPER CLUB

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Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
You need to be free to pursue your own interests, in your own way. Others may say you are being selfish but how do they know what you need?

TAURUS ♉
APRIL 21-MAY 21
The full moon warns that you won't be able to force others to do as you say. If you want them to go along with your plans you must show them the benefit.

GEMINI ♊
MAY 22-JUNE 21
Don't give way just because you cannot be bothered to argue. If you let rivals think they have won they will make your life a misery tomorrow.

CANCER ♋
JUNE 22-JULY 22
Focus on little, everyday things for a while. You'll feel less emotional about the situation tomorrow.

LEO ♌
JULY 23-AUG 23
It's highly likely that you will disagree with someone over something important. In the greater scheme of things it's really of minor significance.

VIRGO ♍
AUG 24-SEPT 22
If you feel the need to let off steam today do so. You may look controlled but on the inside your feelings are all over the place. Let them out

LIBRA ♎
SEPT 23-OCT 23
You seem to be in one of those moods when you enjoy provoking an argument. Hopefully you won't make too many waves.

SCORPIO ♏
OCT 24-NOV 22
Don't take risks with money today. The odds are not in your favor. Whether or not it is your own cash you are putting at risk is beside the point.

SAGITTARIUS ♐
NOV 23-DEC 21
You will see both sides of an argument. You'll still think that your view is right but will realize that it's one of many possible ways of doing something

CAPRICORN ♑
DEC 22-JAN 20
You may be in need of a hug and a few kind words but you'll be lucky if you get them. Others are too concerned with their own issues.

AQUARIUS ♒
JAN 21-FEB 18
It may seem to others that you are being selfish as you want your own way all the time, and maybe you are, but why should you settle for anything less?

PISCES ♓
FEB 19-MARCH 20
Duty and desire will pull you in different directions today and the tension could get a bit much for your sensitive Pisces nature.

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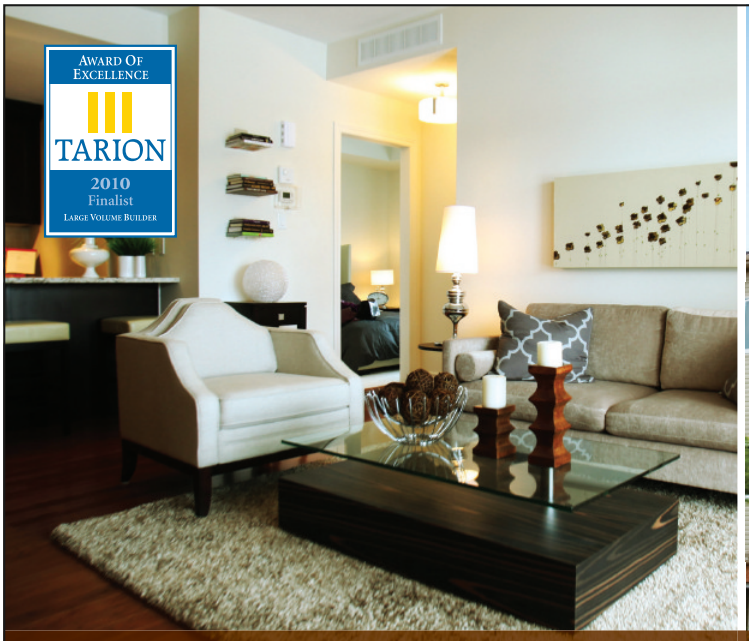
This day in history

1813 – War of 1812: In Canada, American forces capture Fort George.
1895 – Oscar Wilde is imprisoned for sodomy.
1907 – Bubonic plague breaks out in San Francisco, California.
1937 – In California, the Golden Gate Bridge opens to pedestrian traffic, creating a vital link between San Francisco and Marin County, California.
1997 – The U.S. Supreme Court rules that Paula Jones can pursue her sexual harassment lawsuit against President Bill Clinton while he is in office.

METRO NEWS SERVICES



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